

# BETH EL SYNAGOGUE SHOFAR

JANUARY 2014 • TEVET/SHEVAT 5774

WE SHALL GO FORWARD WITH OUR YOUNG AND WITH OUR OLD

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## ATTENTION BAKERS!

Hallah Bake Off and  
Shabbat Dinner

February 28, 2014

See Page 7 for more information

**The Jewish Norah Jones. One of Billboard Music's "Top Songwriters". Finalist in VH1's "Song of the Year Competition."**

**Come for a live music experience with a performer...the likes of which does not play the Twin Cities often.**

*Beth El Synagogue* BEMA  
COFFEE HOUSE  
PRESENTS  
INTERNATIONALLY KNOWN SINGER AND SONGWRITER

*Michelle  
Citrin*

Come out of the cold and warm up to the honest lyrics, catchy melodies & sultry vocals of Michelle Citrin performing at the BEMA Coffeehouse at Beth El Synagogue, January 11th at 8 p.m. (doors open at 7:30 p.m.).

**01.11.14  
8:00 PM**

Tickets: [www.besyn.org/bema-coffeehouse](http://www.besyn.org/bema-coffeehouse)  
The Music: [www.michellicitrin.com](http://www.michellicitrin.com)  
For more information call 952-873-7300

**\$30 RESERVED SEATING  
\$20 GENERAL ADMISSION  
\$25 AT THE DOOR**



**PURCHASE TICKETS ONLINE AT:  
[www.besyn.org/bema-coffeehouse](http://www.besyn.org/bema-coffeehouse)**

## Notable Times

### חדלקת נרות Candle Lighting

January 3	4:28 p.m.
January 10	4:36 p.m.
January 17	4:45 p.m.
January 24	4:51 p.m.
January 31	5:04 p.m.

### הבדלה Havdalah

January 4	5:29 p.m.
January 11	5:37 p.m.
January 18	5:46 p.m.
January 25	5:56 p.m.
February 1	6:05 p.m.

### תפילות Services

Friday Evening ערב שבת  
Kabbalat Shabbat 5:45 p.m.

### שבת Shabbat

Shaharit 9:00 a.m.  
Minha 4:30 p.m.

### מינין Minyan

Sunday  
9:00 a.m. and 5:45 p.m.

Daily  
7:00 a.m. and 5:45 p.m.

## General Information

Beth El Synagogue  
5225 Barry Street West  
Minneapolis, MN 55416-1901

952-873-7300  
FAX: 952-873-7301  
www.bethelsynagogue.org

### Office Hours

Mon-Thurs....9:00 a.m.-5:00 p.m.  
Fridays.....9:00 a.m.-3:30 p.m.  
Sundays.....9:00 a.m.-Noon

Aleph Preschool: 952-873-7320  
Youth Dept: 952-873-7330

## מהבימה a view from the bimah



### Love thy Neighbor by Rabbi Avi Olitzky

As we begin the New Year, I need to share with everyone the story of our miraculous relationship with Benilde-St. Margaret's...

January always reminds me of the interconnectivity between the Jewish people and the other faiths of the world around us, specifically Christianity. January 1<sup>st</sup> is the start of the secular New Year, for example, because it is the celebration of Jesus' Bris (Christianity understanding him to have been born on Christmas eight days prior). It is in this month we honor Dr. King and his mighty journey – and how Jews and Christians marched arm-in-arm in the name of equality and solidarity. In fact, days before Martin Luther King, Jr. Day this year, we read *parashat yitro*, detailing the intimate relationship between Moses and his father-in-law from a different faith, Jethro.

This past November, I had the honor and privilege to participate in Benilde-St. Margaret's Thanksgiving service for the second year in a row. Last year – and this year – I read the *shehehianu* (at the start) and *oseh shalom* (at the end) and contextualized both of them. Because of the coincidence of Hanukkah and Thanksgiving this past year, we also used the reading from Deuteronomy 16 about Sukkot as a scriptural reading. I then spoke to the entire upper school about how Sukkot was the basis for Thanksgiving for the Pilgrims and Hanukkah for the Maccabees, similar to what I discussed in my previous Shofar article.

It was moving to share in a spiritual experience with our brothers and sisters across the way, but the most powerful moment of the morning for me was when I asked the students in the room to raise their hands if they had spent time learning in the Beth El Sukkah during the Festival of Sukkot. Little did I realize or anticipate that when we started this 9<sup>th</sup> grade Benilde-St. Margaret Day of

Learning in our sukkah five years ago, the day would come when every single student in the room – the entire upper school – would raise their hands. I was almost moved to tears. I told the students to look around the room and with all of the hands raised, there was an audible collective gasp.

Father Tim Wozniak – a solid guy and good friend – then shifted the message to one of brotherhood, humanity and peace – and we reflected on our relationship as neighbors.

Most of our community does not realize, but were it not for the Benilde brothers, we might not have a synagogue here in Saint Louis Park, at all. The story passed down to me I recall as follows:

The Benilde brothers owned the land where our synagogue currently stands. Those pioneers bringing Beth El to St. Louis Park made a gentleman's agreement with the Brothers to purchase the land. Meanwhile, another suitor approached the Brothers and offered more than what Beth El was offering. When the higher bidder found out that it was Beth El with whom the Brothers had made the arrangement (and that the agreement wasn't even in writing!), the suitor said, "Who cares, they're Jews, it doesn't matter anyway, let's just make a deal!" But the Brothers would not accede. They were good to their word and that began the start of a beautiful relationship with what eventually would become Benilde-St. Margaret's.

It is pretty cool to walk the halls of BSM and hear the students yell out "hey Rabbi Avi" and "hey Rabbi O!" What other Catholic school in the country would or could have such a relationship

This month, as we reflect on what the power of community has done throughout history, in the footsteps of Dr. King and Rabbi Heschel, in the footsteps of Jethro and Moses, I give thanks to God Almighty for our Christian brothers and sisters just across the street.



December 21, 2013 • 18 Tevet 5774  
Shemot

LilyAnne Bernard  
לאה אלישבע בת אהרן

Daughter of Kathleen Bloom and Allen Bernard

*Honoring LilyAnne on her bat mitzvah, her parents are sponsoring the Kiddush and her grandparents, Frances and Jay Bernard, are sponsoring congregational Shabbat lunch.*



January 11, 2014 • 10 Shevat 5774

Shabbat Shira  
Beshallah

Danielle Orloff

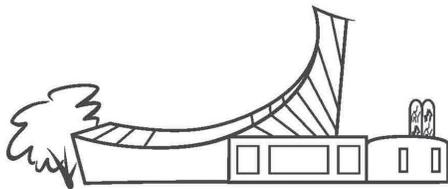
חיה איידל בת שלום עקיבא  
ובריינא ברכה

Daughter of Barrie and Steve Orloff

*Honoring Danielle on her bat mitzvah, her parents are sponsoring the Kiddush and congregational Shabbat lunch.*

Mitzvah Program: At my school last year, we all had a service project. The sixth graders made blankets for dogs at an organization called SecondHand Hounds. They want the dogs to feel safe and secure in their environment and what better way to do that than by making soft cushions for the dogs to lay on and snuggle in? My advisory alone made 172 blankets. This was my favorite mitzvah because I love animals and I love helping them out. I have two dogs of my own, and one of them is from SecondHand Hounds. Other favorite Mitzvot include volunteering at the Special Olympics and hosting my friends for Shabbat dinners. I hope to be a tutor for future B'nai Mitzvah students and plan to donate some of the money I receive for my Bat Mitzvah to The World Wildlife Fund.

Mitzvah Program: Performing mitzvot and giving tzedakah has been an important part of my upbringing. I have completed many meaningful mitzvot, such as serving food and drinks to IDF soldiers in Israel, stuffing envelopes for J-HAP, participating in VOICE at HMJDS over numerous years, and volunteering for Camp Ramah in Wisconsin. I enjoy reading so I am donating books to the Minneapolis Children's Hospital as well as donating food to STEP for my personal mitzvah projects. I plan on being a lifelong Jewish learner and active participant in the Jewish Community.



WELCOME | בְּרוּכִים הַבָּאִים

### Warm and Welcoming Volunteers Wanted

Interested in helping to welcome new members into our Beth El Family?  
Willing to host a new family or two for Shabbat dinner, a brunch or a holiday?  
Open to calling members on behalf of Beth El to wish them Happy Pesach?

If your answer to any of the above questions is "yes" we'd love to hear from you!

Abbe Payton, Director of Engagement and Outreach,  
952-873-7303 or [apayton@bethelsynagogue.org](mailto:apayton@bethelsynagogue.org)

Bonnie Bongard Goldish, Warm and Welcoming Committee Chair  
and President-elect,  
763-550-1730 or [drbon@comcast.net](mailto:drbon@comcast.net)

### Welcome New Beth El Staff

Jill Blustin

Abbe Payton

Liz Rappaport

Michelle Shapiro

Raquel Woodis

Look for pictures, bios and their roles at Beth El in the February *Shofar*!

### Beth El Book Club

#### Upcoming Books:

**January 28 | 6:30 p.m. | Louise Erdrich | Round House** (A 2013 NY Times Bestseller)

When 14-year-old Joe Coutz's mother, a tribal enrollment specialist living on a reservation in North Dakota, slips into an abyss of depression after being brutally attacked, he sets out with his three friends to find the person that destroyed his family.

**February 25 | 6:30 p.m. | M.L. Stedman | Light Between the Oceans**

A novel set on a remote Australian island, where a childless couple live quietly running a lighthouse, until a boat carrying a baby washes ashore.

Book Club questions? Please contact Debby Deutsch at 612-718-6250 or [debdeutsch11@gmail.com](mailto:debdeutsch11@gmail.com).



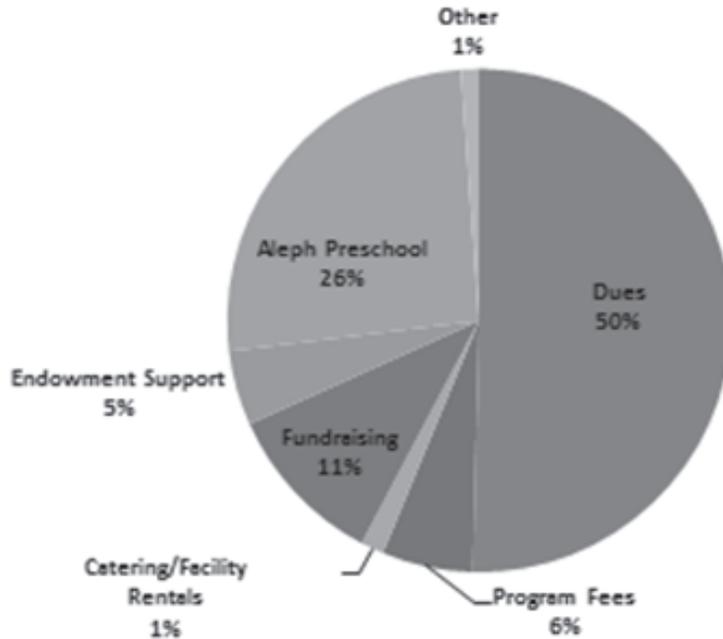
### 2,000 Words

By John Orenstein, Beth El President

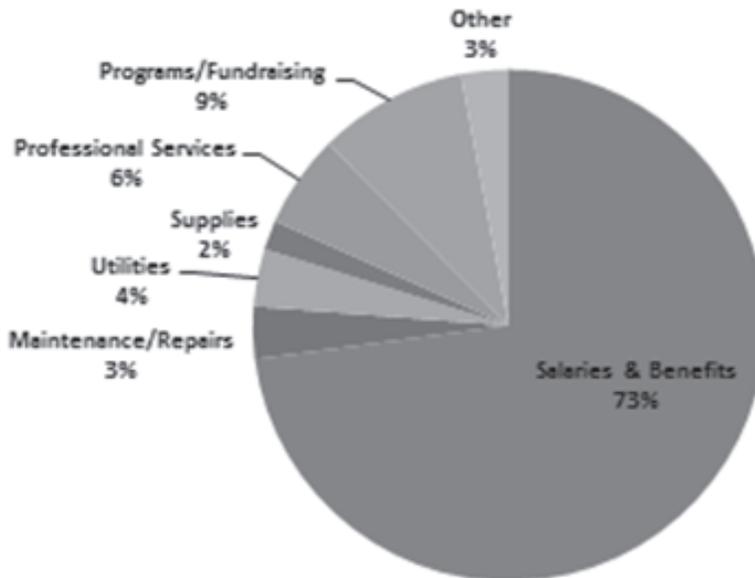
I love pie charts. They don't leave you with that bloated feeling that actual pie does. Plus, they paint a vivid picture of facts that may be, to stick with the food analogy, hard to digest.

How does Beth El spend its money? Where does the money come from? See below. And don't overindulge.

## Operating Revenue 2013-14

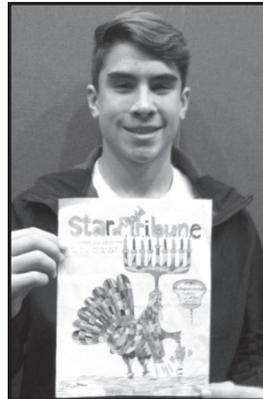


## Operating Expenditures 2013-14





Libby Cohen



Zollie Kaplan



Nia Freshman and Adam Kanter

### Thanksgivukkah Coloring Contest Recap

Todah Rabbah to all the people who entered our very own Star of David Tribune *Oy You, Thanksgivukkah Turkey* coloring contest! Thanks also to contest volunteers **Liba Zweigbaum Herman**, **Sandy Greenberg** and **Bobby Cohen**. In appreciation of all who embraced Thanksgivukkah ruah and entered, Beth El's Gemilat Hesed Committee donated \$10 per submission -- based on entrants' preferences -- to either STEP (St. Louis Park Emergency Program) or the 849th Mobility Augmentation Company of the Minnesota National Guard, two organizations with which our congregation has ongoing relationships.

Winners are pictured above. Honorable mentions were also awarded to **Aiden Blumenfield** (age 4  $\frac{3}{4}$ ), **Mia Katz** (10  $\frac{3}{4}$ ) and **Rhonda Feist** (adult).

**Libby Cohen** (11 yrs.) selected Beth El/Spirit of Asia Chinese Take-out as her prize. She said, "Thanksgivukkah was awesome because I get to be thankful for my family and friends while lighting the hanukkah."

**Zollie Kaplan** (14 yrs.), who selected knishes as his prize said, "I entered the turkey project because it was fun and easy and I like to use color to make life more interesting." His favorite Hanukkah memory is a scavenger hunt in the snowy blizzard last year.

**Nia Freshman**, pictured from Pasadena, Calif. with her boyfriend, Adam Kanter, who helped cut out the pieces for the entry. Her inspiration for the materials used in the submission came from her visit this summer to the Minnesota State Fair seed art exhibit and of fond memories with her brother. "Every year Noam and I we would participate in the *Oh You Turkey* contests from the Star Tribune. We loved a mixed media format -- using all kinds of craft materials we could find around the house. Noam and I got a few honorable mentions and our artwork published in the paper a few years. I wanted to honor our tradition this year, and I'm happy I did!" Nia selected Hamantashen as her prize.

## KOSHER CHINESE TAKEOUT

**NEW ORDER  
BY DAY!**

### TAKEOUT WEDNESDAY.

#### Amen Lo Mein

Every Wednesday, Beth El Synagogue and Spirit of Asia offer Kosher Chinese Takeout. Go to [www.besyn.org/chinese-takeout](http://www.besyn.org/chinese-takeout) for more information and to order by Tuesday at 1 p.m. (**NEW ORDER BY DAY!**) and smaller entrée portions.

### Ladies' "Escape Weekend"

#### A Shabbaton with the ladies of Beth El

May 2 (6 p.m.) – May 4 (10:30 a.m.), 2014

*Bonding, relaxing, girl talk, spiritual exploration and more*

Led by Mollie Feldman, Youth Director and Cantor Audrey Abrams

Where: Herzl Camp

Cost: \$150/pp (2 – 4 per room)

Sign Up: [besyn.org/ladies-escape](http://besyn.org/ladies-escape)

Space is limited



**Beth El Considers...Join the Conversation**

<https://www.facebook.com/groups/bethelconsiders/>

**Kosher Jews on the Prairie?** *By Barbara Bach*

Three Beth El members recall growing up Jewish in North Dakota, 1930's and 1940's. Notice the lengths to which ordinary families went to preserve Jewish life by keeping kosher.

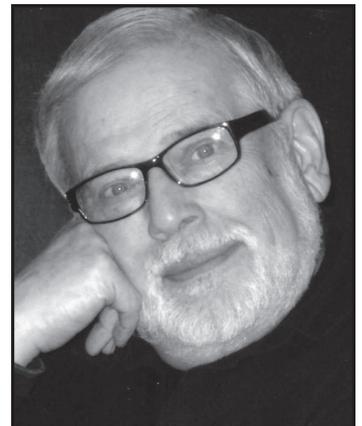


**Esther Burke** grew up in Tappen, North Dakota, population 350.

“We were the only Jewish family in town. My father had a general store. It was a time of a lot of anti-Semitism. I remember one year when Pesah and Easter fell at the same time. My mother was so afraid of what might happen to us that she packed up our car in case we had to leave town fast. At first my mother ordered kosher meat from Minneapolis. The meat took so long to come that it was spoiled when we got it. Mother finally decided to buy non-kosher beef. She soaked it and salted it just as she would with kosher meat. Mother baked all our breads because store breads were baked with lard. We moved to Fargo when I was 13 years-old. Fargo had a kosher butcher so we could buy kosher meat again. Mother left all of our dishes behind in the Tappen house because they were treif from the non-kosher meat. I visited the house some years later, and mother’s dishes were still in the kitchen!”

**Phil Greenberg** grew up in Minot, North Dakota, population 16,000.

“There were about 25 Jewish families in the city. Twenty or more kept kosher. We had a shul in town with a full time rabbi who was also a sho<sup>h</sup>et trained to kill chickens. While we got kosher chickens locally, we had to order kosher meat from Minneapolis or St. Paul. My mother baked bread every week and after we moved, she continued to bake bread until she was well into her 90's. We ordered non-perishable Pesah groceries from Minneapolis. My father owned a clothing store and many of his customers were farmers. For Pesah we drove to a dairy farm and took our own stainless steel pails and milk cans. The farmer milked the cows by hand for us and that is how we got fresh Passover milk, butter and cheese. I had my bar mitzvah in the Minot shul. Five months later we moved to Minneapolis.”



**Shirleymae Lane** grew up in Devils Lake, North Dakota, population 5,000.

“There were nine Jewish families in town. My father had a furniture store. We ordered kosher meat from Minneapolis. The meat came by train or bus and was packed in dry ice. The dry ice didn't always prevent spoilage. During war time (WWII), meat was scarce. You needed ration coupons to buy it. We lived mostly on canned salmon then. We ate a lot of salmon patties, grilled cheese sandwiches and for special occasions, macaroni and cheese. My mother went to the local bakery and checked out all the ingredients to make sure that everything that went into the baking was kosher. We imported “cantors” from out of town for the High Holidays. Sometimes they were good and sometimes they weren't so good. We reserved a courtroom in the county courthouse for the services. The layout of the courtroom was perfect for services because it had what looked like a bimah in front of the room. I lived in Devils Lake until I went away to college when I was 18 years-old.”

**To find out more about Jewish life in the Dakotas:**  
“And Prairie Dogs Weren't Kosher”, by Linda Mack Schloff  
Rachel Calof's Story, Indiana University Press  
Jewish Historical Society of the Upper Midwest [www.JHSUM.org](http://www.JHSUM.org)

# Beth El EATS!

Taste of Torah  
Ta'am Torah  
archives at:  
[besyn.org](http://besyn.org)



**Hallah Baking at  
Rabbi Davis' House.**

## "When's Dinner?!"

### Feast on the Haggadah's Texts relating to Food and Blessings

with Cantor Art Shragg

9:45 a.m. Sunday mornings following

9:00 a.m. minyan and hevre breakfast.

January 19- April 6

## The Importance of Family Table Singing

with Jonathan Paradise

January 25, Shabbat Sermon in Song

Those of you who went to a summer camp remember the fun we had singing after the meal in the אוכל אודר (dining hall) or around the campfire. A wonderful part of our Jewish tradition urges us--even requires us--to sing together on Shabbat, at our table.

Jonathan Paradise will teach us some of the tunes that can lend spirit and joy to our meal, both before and after we eat. Jonathan has been the music counselor at Herzl Camp and Camp Ramah. He has conducted youth choirs. But mainly he just likes to sing. For many years he and his wife, Ruth, organized an ערב שירה (An Evening of Singing) project with Shira Schwartz.

## Beth El Eats....How Can Beth El Feed?

### Food Summit Weekend

March 21-23

This year is the year of "Beth El Eats." But there are so many who cannot afford to eat. March is "Minnesota Food Share Month." In addition to all of us bringing our non-perishables food items to the synagogue to donate during the month, let's join together throughout the weekend of March 21-23, for conversation and action, as we learn how we can help with the fight against hunger locally, nationally and internationally. Let's make commitments. Let's make a difference. Watch for details of speakers and events in the upcoming Shofars and Keshers.

## Hallah Bake Off and Shabbat Dinner

February 28, 2014

So You Think You Bake A Mean Hallah? **Prove it!**

Share your braiding and baking skills at

**Beth El's first ever Hallah Bake-Off.**

During the congregational Shabbat dinner, we will taste and judge some of Beth El's best Hallah.

Baking may be done in the synagogue's Synder Family Kitchen or at home following the synagogue's kashrut guidelines. (Once registered we will send you information for either option.)

Bakers are to attend the dinner and must register for the competition by February 14 by contacting Rabbi Davis, [adavis@bethelsynagogue.org](mailto:adavis@bethelsynagogue.org).

## Kashrut Learning and Supervision Training Series

Join Rabbi Olitzky for an in-depth exploration into the world of Kashrut—both personal observance and supervision. Though individuals can attend each of these classes as stand-alone opportunities, those attending and participating in all eight will receive a Mashgiah Certificate for MSP Kosher ([www.mspkosher.org](http://www.mspkosher.org)) after completion. Mashgiah trainees will be required to participate in "field trips" in addition to the regular class schedule. Classes are Shabbat afternoons (following services) in the Learning Center, 12:30 p.m. to 1:30 p.m., January 4, 11, 25; February 1, 15. There is no cost for this series; however, advanced registration is encouraged by visiting [www.besyn.org/kosher-training](http://www.besyn.org/kosher-training).

It's January....

and We're Already Talking About Pesah!

**Community 2nd Seder**

Tuesday, April 15, 2014

Beth El Synagogue

Facilitated by Cantor Audrey Abrams

and special guests

Time and Price TBD

Contact Cantor Abrams at

[aabrams@bethelsynagogue.org](mailto:aabrams@bethelsynagogue.org) or

952-873-7317 to help with the planning.



## The 849th Needs Your Help!



Beth El Synagogue has adopted its third and largest Minnesota National Guard unit – the 849<sup>th</sup> MAC (Mobility Augmentation Company).

These ninety-five soldiers (all men) left Minnesota in July for a one year deployment in Afghanistan, conducting route clearance missions (clearing roads of landmines) to allow for safe transportation of equipment and personnel as *Operation Enduring Freedom* comes to a close.

Please help us in providing much-needed items for the care packages we send overseas monthly.

**Thank you** to everyone who donated items to be shipped to our unit. Thank you to our **November and December volunteers who packed 73 boxes!**



**January 19 is the next packing date!**

849th Mobility Augmentation Company  
Minnesota Army National Guard  
Fort Bliss, TX 5 September, 2013

*New, multi-pack/warehouse club size packages of the below are preferred due to large demand.*

Personal Hygiene

- Soap and Shampoo
- Baby and Foot Powder
- Baby Wipes
- Q-Tips
- Shaving Supplies
- Tooth Brushes/Paste
- Mouthwash

Snacks and Food

- Beef Jerky
- Popcorn
- Trail Mix
- Breakfast/Granola Bars
- Pop-Tarts
- Tang

Snacks and Food (con't)

- Dried Fruit
- Tuna (in pouches or pop top cans)
- Gum and Candy Bars
- Drink Mixes (for bottled water)
- Hot Chocolate
- Ramen or Campbell's Soup (with peel off or pop top lids)
- Sunflower Seeds (all flavors)

Things for Illness

- Kleenex Packets
- Musinex
- Cold Medicine
- Vaseline
- Antacids and Stomach Aids (over the counter)
- Shaving Supplies

Things for More Comfort

- Twin Sheets
- Twin Blanket (many are using sleeping bags)

Entertainment

- Recent Magazines (hunting, weapons, Time, Sports Illustrated)
- Recent DVD's (hunting, other)
- Extension Cords

Power Strips

Other Things

- Paper
- Pens
- Envelopes
- Pocket-Size Mini Notebooks

On behalf of these brave men, who endure harsh and dangerous situations, thank you in advance for your support. We pray for their safe return and until then, **join Beth El to show them we – as Jews and Minnesotans – honor their sacrifice by sending these packages as a sign of support.**

Donations can be dropped off at Beth El Synagogue

5225 Barry Street West, St. Louis Park, MN 55416 | 952-873-7300

Questions? Contact Rachel Parnes 763-519-1370 or Cindy Amberger 952-200-1699.

**Making Meaning**

Jan Hamilton, RN



I've always valued learning, so a couple months ago I took advantage of an opportunity to train for becoming a Renewing Life facilitator. Renewing Life is a program owned and operated by Pathways of Minneapolis. Pathways is eager to bring the program to a broader community, hence the training opportunity. The goal of the program is to empower participants to live more authentically and to view illness and life challenges as opportunities for growth. It's my hope that we will be offering the program here at Beth El in the not too distant future.

I'm bringing it up now because I was just pondering the section in its content on making meaning. If we're going to have the energy and drive to make our lives as fulfilling as possible, despite present circumstances (i.e. illness or some other unwanted change or crisis) we need to find meaning. Why this? What is it for? What am I learning from this? Grappling with some of these questions, if we're patient, can lead us to a greater sense of peace about our situation.

And I'm reminded, too, that this process is very familiar to the elderly, as they engage in a retrospective look at their lives and the events that shaped them. This is often the reason behind the stories they tell us of their past. They want us to know who they are and to share lessons learned and wisdom gained. My life is richer because of the time I spend with them.

Midge Frailich, an Ethical Will facilitator, will present "The Gift of a Lifetime" at our next "Caring for Our Aging.....Support for the Caregiver" series on Sunday, January 12. She'll be telling us about her role and how she captures these important messages that her clients want to leave with their loved ones.

Join us.  
Jan Hamilton  
[jhamilton@bethelsynagogue.org](mailto:jhamilton@bethelsynagogue.org)  
952-873-7356

**Caregiver Tip of the Month**

As a caregiver, if you're having trouble asking for help, remember that some people may need only a little encouragement to take on a task, and others may feel hurt or left out if you don't seek their help.



**Do you need a hand?  
We're here!**  
**Call our Yad V'lev hotline  
952-873-7300 ext. 7350**  
*Can you lend a hand?  
We need you!*  
**Contact Jo Ann Gruesner at  
952-873-7300 or  
jgruesner@gmail.com.**

**Gemilat Hesed Volunteer Opportunities**

**Feed My Starving Children**

Monday, January 20, 2014  
Monday, March 24, 2014  
Monday, May 12, 2014  
For More Info Contact: Norma Kaplan  
[skaplan6@comcast.net](mailto:skaplan6@comcast.net).

**Loaves and Fishes**

January 28, 2014  
March 25, 2014  
May 27, 2014  
September 23, 2014  
November 25, 2014  
Cooking, serving, cleaning  
For More Info Contact: Diana Rosen  
[rose0392@umn.edu](mailto:rose0392@umn.edu).

**Ronald McDonald House**

First Sunday morning of each month  
Cook in advance, cook/serve 9:30 - 11:30 a.m.  
For More Info Contact: Sarah Gruesner  
[smg7381@gmail.com](mailto:smg7381@gmail.com).

**Yad V'Lev Committee**

Join the YVL committee and receive e-mails for your opportunity to help and comfort members of the Beth El family who are experiencing challenging times. This is accomplished by reaching out with "yad v'lev" open hands and hearts to perform gemilat hesed (acts of kindness). Email: [jgruesner@gmail.com](mailto:jgruesner@gmail.com).

**Shabbat Transportation Service**

Volunteers are needed to provide transportation to Beth El from Knollwood Place. Contact Margie Goldfine at [smmaahome@aol.com](mailto:smmaahome@aol.com).

**SAVE THE DATES!**

**Caring for Our Aging.....Support for the Caregivers**

**January 12, 2014**  
10:00 a.m. - 12:00 p.m.  
"The Gift of a Lifetime"  
Ethical Wills.....messages from the heart.  
Speaker – Midge Frailich, Ethical Will Facilitator  
**February 9, 2014**  
"Moving Through Life Transitions"  
Exploring multiple living options.  
Speakers - Jeff Sherman, Sholom Home Alliance Community Liaison,  
BettyAnn Baustert, Sholom Home Alliance Leasing Coordinator,  
Jonathan Rosenberg from Assisted Transition

within the section, in the intro paragraph after it says 25 USYers from EMTZA Region went ...for International Convention, let's add a sentence says "At International Convention, BERUSY was recognized as a chapter of excellence and named International USY Chapter of the Year. When you see USYers this month, make sure to congratulate them on this exciting accomplishment!"

## education and youth חינוך ונוער



### Youth Department: BERUSY WINS INTERNATIONAL CHAPTER OF THE YEAR!

*Mollie Feldman, Youth Director*

Last month, USY resumed weekly lounge nights, Kadimaniks enjoyed their second annual lock-in, and 25 USYers from EMTZA Region went to New Orleans for International Convention. At International Convention, BERUSY was recognized as a chapter of excellence and named International USY Chapter of the Year. When you see USYers this month, make sure to congratulate them on this exciting accomplishment! There are several exciting events coming up in January, including a USY pizza throwing session with Rabbi Davis, a Shabbaton with the Abraham Joshua Heschel Society, and EMTZA Region Winter Shabbaton in St. Louis is at the end of the month. Please see below for full information about this month's event:

**A Bite of Israel, Jan. 7** – Tuesday night is USY night! Join USY from 7:15 - 8:30 p.m. in the Youth Lounge for a food party with a variety of Israeli delicacies. Make sure to bring an appetite!

**Pizza Throwing with Rabbi Davis, Jan. 14** – Among other talents, Rabbi Davis is a great cook! Join the Rabbi in the kitchen for an evening of pizza making, 7:15 - 8:30 p.m..

**Herzl at Herzl: Heschel Honor Society Shabbaton, Jan. 17-19** – Members of Beth El's Abraham Joshua Heschel Honor Society will head to Herzl Camp for the weekend for a Shabbaton with the theme, 'Herzl at Herzl,' focusing on the scholarship and influence of Theodor Herzl. This weekend is made possible through the generosity of a Ma'alot Israel and Education Advocacy grant - a joint project of the USCJ Israel Committee and Nefesh B'Nefesh.

**Jews Do Justice, Jan. 21** – In recognition of Martin Luther King, Jr. Day, USY is hosting a lounge night focused on the connection between Judaism and justice. Learn how Jews have fought for justice in the past and explore what you can do to make a difference today! 7:15 - 8:30 p.m.

**Winter Carnival, Jan. 25** – All Twin Cities Jewish Youth are going to Winter Carnival in St. Paul! Join friends from USY, NFTY, and BBYO groups in Minneapolis and St. Paul for 'the coolest celebration on Earth.' There is no cost to this event, and busing will be provided to and from Beth El. Buses leave Beth El at 6:15pm and will return at 9:00pm. Please let us know you are coming in advance by registering at [besyn.org/winter-carnival](http://besyn.org/winter-carnival).

**MN-National Guard Mitzvah Opportunity, Jan. 26** – USYers are invited to hear a special guest speaker from the MN National Guard speak about serving in the military and

time overseas. Please bring donations to pack and send to Beth El's adopted Minnesota National Guard unit. 1:30 - 3:00 p.m.

**Winter Wonderland Lounge Night, Jan. 28** – Join USY for an evening of winter fun and hot chocolate! 7:15 - 8:30 p.m.

**EMTZA Region Winter Shabbaton, Jan. 31-Feb. 2** – USYers from across EMTZA Region head to St. Louis for the annual convention, Winter Shabbaton.

### Looking Ahead:

**Feb. 4, 25:** Save the date for USY Lounge Nights, 7:15 - 8:30 p.m.

**Feb. 9:** Save the date for a Kadima and B'resheet program.

**Feb. 11:** Don't miss the next installment of Ladies Night Out (LNO) and Male Time – the bi-monthly gender bonding program for USY. 7:15 - 8:30 p.m.

**Feb. 18:** USY night takes on a collegiate atmosphere as representatives from a variety of Jewish college organizations come to speak about Jewish life and involvement on campus.

**Feb. 28-Mar. 2:** Kadimaniks (7-8<sup>th</sup> grade) have the first opportunity to attend at regional convention with Kadima Kinnus in Excelsior Springs, MO.

Contact Mollie Feldman at 952-873-7330 or [mollie@bethelusy.org](mailto:mollie@bethelusy.org) with any questions.

**\*check the BERUSY website at [besyn.org/berusy](http://besyn.org/berusy) for additional events and details**



**USYers Making Cookies!**



**A Message from the Director**  
*Karen Burton,*  
*Director of Early Childhood*  
*Education, Aleph Preschool*

Aleph Preschool is back in session after a wonderful and restful Winter Break. We have many exciting events planned for this month and are ready to begin.

Last month we were so successful in our annual school wide Tzedakah Drive, “Socks for Tzedakah”, where we collected adult socks to donate to the guests at the December 25 dinner at the Loaves and Fishes site in Minneapolis. The socks were given to individuals struggling with poverty and homelessness and all were so grateful for the gifts. We would like to thank Diana Rosen (Aleph Preschool teacher) for tirelessly spearheading this annual project.

Our preschoolers also made a visit to the Roitenberg Center at the Sholom Home to enjoy the last day of Hanukkah with the residents. They performed songs, lit the Menorah and enjoyed latkes and sufganiot together. The children delivered their handmade cards to the residents and they all had a lovely visit.

Please join us for this month’s **Musical Shabbat** on January 3 at 9:30 a.m. in the Fiterman Chapel. Coffee and Breadsmith pastries will follow in the Learning Center.

**Babies and Bagels** also takes place on Friday, January 3. all parents and infants (0 - 24 months) are welcome to attend this free program starting at 10:00 a.m. in the Victor Hall.

Our next **Family Sunday FUNday** will be Sunday, January 12 from 10 – 11:30 a.m. Join us for a sledding adventure at Oak Hill Park in St. Louis Park.

Join us for **Family Havdalah Night** – Saturday, January 25 at Beth El Synagogue. This event is open to all families with young children and promises to be an evening filled with music, food, arts & crafts and of course a special Havdalah service. Come wearing your pajamas and remember to bring along a pair of new pajamas for the charity “Sweet Dreams for Kids.” This wonderful program collects new pajamas to give to children during their stay in the hospital and we are so happy to be part of this terrific cause.

As we are now past the half way marker of the preschool year it is time to think about registration for next year. **Aleph Preschool registration** will be coming soon. If you know of a family interested in the preschool, please pass along this information.

On February 7, we will have an **Aleph Preschool Open House for prospective parents** at 9:30 a.m. Join us for Musical Shabbat followed by a tour of the Preschool. If you know of any families that may be interested, please invite them to join us. For more information contact Karen Burton at [kburton@bethelsynagogue.org](mailto:kburton@bethelsynagogue.org).

We hope to see you at one or more of our special events this month. Remember to stop by for a visit to see our children in action.

Shalom,

Karen Burton



**Upcoming Events**

- Apples & Honey Young Family Service**  
 Saturday, January 4 | 10 a.m. -11 a.m.  
 Location: Fiterman Chapel
- Discussion Group for Grown Ups**  
 (following the family service)  
 Saturday, January 4 | 11 a.m. - 11:40 a.m.  
 Location: TBD
- Sunday FUNday- Sledding Adventure!**  
 Sunday, January 12 | 10 a.m. - 11:30 a.m.  
 Location: Oak Hill Park, St. Louis Park
- Havdalah Family Fun Night!**  
 Saturday, January 25 | 5:45 p.m. - 7 p.m.  
 Location: Beth El Synagogue
- Sunday FUNday- Cardio Kids!**  
 Sunday, February 9 | 10 a.m. - 11:30 a.m.  
 Location: Beth El Synagogue



**ECJFE Spring Session**

Our Spring ECJFE, facilitated by Dori Gelfman and Ali Berdass, will be an 8-week evening class, **beginning February 11**. It will be held on Tuesdays from 5:45 p.m. - 6:45 p.m. at Beth El Synagogue in the Learning Center. This class will be geared towards first time parents and is open to anyone in the Jewish community. Cost to participate in the series is \$100. Children eventually enrolling in the Aleph Preschool will have a \$100 tuition reduction at the time of registration. For more information or to register, please contact Sam Gordon, Associate Director of Early Childhood Education, at [sgordon@bethelsynagogue.org](mailto:sgordon@bethelsynagogue.org) or 952-873-7312.



**A Message from Women's League**  
Joyce Prohofsky, President

**We Need You!**

Apparently, 13 years ago in April, May and June was a lonely time – therefore, we have no B'nai Mitzvah this January, February and March. Please help us by bringing baked goods. Call Suzy Krelitz at 612-227-5128 to sign up for any of those weeks, and if you don't call her she will call you!

**Save the Date: Sunday, March 9, 2014**

Vashti was right, she saved the date for our banquet in her honor.

**Yasher Koach**

To those of you who have and continue to bring donations for STEP and our Adopted National Guard Unit. Please continue your support with cash donations for STEP to Barbara Gottlieb. We continue to pack boxes and need personal care items, reading materials and other non-perishables for our National Guard Unit. Contact Cindy Amberger 952-936-9226 or Rachel Parnes 763-519-1370 for more ideas and dates.

**Tallitot Available In Our Gift Shop**



The gift shop is now stocking a large number of tallitot. We carry many lines, including Gallilee Silk, Yair Emanuel, Silk Bijoux and Michelle Judaica. We have tallitot for both men and women in all price ranges.

Bar/Bat Mitzvah students receive 20% off any tallis \$150 or more. We receive new tallitot regularly, so please stop by to see what we have. If we don't have what you are looking for in the shop, we can do a special orders. If you have seen something you like online, bring in the information, and we can usually get it for you; we have access to many more tallitot than we have in the gift shop.

Remember, all gift shop profits support Beth El Synagogue.

The gift shop is open Sundays from 9:30 – 11:30 a.m. To make an appointment contact Linda Estrin 763-545-4301 or Sara Zuk 763-529-1285.

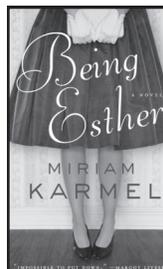
**Women's League Knishes Available Year-Round**



This year we have potato, rice and a new feature - sweet potato. They are \$16/dozen. To order call Ronnie Burstein 763-544-4974 or Jodi Lebewitz-Davis 952-525-1267. Thanks for your support!

**Women's League January Luncheon**

Tuesday, January 7, 2014 | 12:00 p.m.



Miriam Karmel, writer, journalist, and long-time Minneapolis resident, will speak about publishing her debut novel, *Being Esther*, and about the issues it raises for women and aging. Esther Lustig, Miriam's feisty, funny, sometimes forgetful protagonist, is an 85-year-old Jewish woman living independently in her Chicago apartment after the death of her husband and her children have grown. Come hear more about the novel *Lilith Magazine* calls, “deeply moving” and that *Na'amat Women* says is “full of emotion and wisdom.” Please RSVP to Rita Cook at 952-546-6458, lunch is \$15.



**Join The Beth El Hamantashen Baking Collective**

Every Sunday January 5 -  
March 8 | 9:30 a.m. - 12:00 p.m.  
Select Thursdays | 8:30 - 11:00 a.m.

Ladies and gentlemen, kids (10 and up with a parent or grandparent), members and non-members - we could use your assistance. Purim is on Saturday, March 15 and Women's League is gearing up to bake 900 dozen Hamantashen for our biggest and most delicious fundraiser of the year.

On Sundays, we are in need of rollers of the dough, fillers of the fillings (mixed fruit, poppy, apricot, peanut butter/chocolate chips and one or two surprise fillings), and kleppers (pinchers).

On Thursdays, we are in need of measurers, mixers and grinders - for the dough and filling.

- All are welcome in the Beth El kitchen.
- No experience necessary -- just a willingness to learn, have fun and make friends.
- Come alone or bring someone you like (or even a relative).
- Once in a while volunteers might even get to sample our tasty product.
- We hope to see everyone who likes to be in a kitchen at least once!

Questions: Linda Tell [LRNTELL@gmail.com](mailto:LRNTELL@gmail.com) or 952-938-7177. Please let me know if you want to be on my email reminder list.

Use the link below to view the Purim Hamantashen video!  
<https://www.dropbox.com/s/influk80i9131bw/Purim%20Hamantashen%202011video.m4v>

### New Member Family Photos

In the spirit of welcoming families to the congregation – so everyone can put names with faces – we are now offering new families the opportunity to place their photo in the *Shofar*. If you have joined Beth El in the past year, please email [apayton@bethelsynagogue.org](mailto:apayton@bethelsynagogue.org) with a family picture. It is our goal to feature as many photos of new families as possible!



**Adam and Debe Fefferman  
with Abigail Bria**



**Bev Richman**



**Carrie and Ben Snyder**



**John and Rachael Vegas with Lauren and Juliana**

**Beth El Endowments and Program Funds** provide an important source of income, enabling the synagogue to offer added services and programs and to make improvements to the facility. You can honor or remember family members and friends or special events with contributions to any of the Beth El Endowment Funds or Program Funds. Send donations to: Beth El Synagogue, 5225 Barry Street West, Minneapolis, MN 55416. Indicate the fund to which you want to contribute, the purpose of the contribution, and to whom you would like an acknowledgement sent. A complete listing of funds are available by calling the front desk at 952-873-7300 or donate online at [www.bethelsynagogue.org](http://www.bethelsynagogue.org) (click on "Donate"). If you would like to establish a new fund in your name or in the name of a loved one, please contact Beth El at 952-873-7300.

**Beth El Gratefully Acknowledges the Following Contributions** This list reflects donations made to funds from November 13 - December 10, 2013. Contributions received after December 11, 2013 will be listed in the February 2014 issue of the *Shofar*. If you **do not** want your name listed, please include a note when you make your contribution

**Greater Beth El**

*In honor of Bill Broze's Birthday and Jacki & Bill's Anniversary*

Lou Ann Bongard

*In memory of Harvey Fishman*

Adele Roth

Steven Roth

*In honor of Bar Mitzvah of Ethan Solomon Kahn*

Stuart & Reena Davis

*In honor of Darlene Schwartz's Special Birthday*

Laureen Phillips

*In memory of Marion Simon*

Ed & Bev Zimmerman

*Happy Hanukkah Sylvia Jess*

Anne & Howard Jess

*In memory of Jacob Haskovitz*

Mrs. Shirley Haskovitz

**Hannah Bialick Yom Shalaim Fund**

*In memory of Father, Edward Devitt*

Steven & Gail Katz

*In memory of Andy Burton & Family's Mother And Grandmother*

Steven & Gail Katz

**Ivan and Karen Brodsky Presidential Fund**

*In memory of Andy Burton's Mother*

Dr. Ivan & Karen Brodsky

**Jacob & Ann Scherling, Harold & Eileen Scherling Scholarship Fund**

*In memory of Elliot Shapero, Beloved Husband, Father, Grandfather*

Harold & Eileen Scherling

**Seretta Rudin Memorial Fund**

*For speedy recovery of Elaine Simon*

Sandy & Deborah Selnick

**The Aronson-Abelson Endowment Fund**

*In honor of Irvin and Ruth Schloff's 50th Anniversary*

Irvin & Ruth Schloff

**The Bernice & Ben Fiterman Mitzvah Fund**

*In honor of the support Ethan Feldman received*

Ron Feldman & Julie Hirsch

**The Daryle Silver Aleph School Fund**

*In memory of Sally Winer*

Joshua & Dana Youman

**The Fay & Leonard Ribnick Program Fund**

*Happy Hanukkah Thanks For All You Do, Jerry & Louise Ribnick*

*Happy Hanukkah Thanks For All You Do, Debbie & Gil Mann*

*Happy Hanukkah Thanks For All You Do, Mindy & Danny Ribnick*

Michael & Nancy Schoenberger

**The Florence & Sam Bright Aleph School Fund**

*For speedy recovery of Evelyn Flom*

David & Karen Katz

**The Heifetz Education Fund**

*In honor of the Birth of Twins to Heather and Jeff Zacker; The*

*Proud Grandparents Are Jacalyn And Bill Broze*

Raoul & Ferna Heifetz

*In memory of Karen Burton's Mother-in-Law*

*In memory of Ed Devitt*

Dr. Gary Goldish & Dr. Bonnie Bongard

**The Lou Ann & Leon Bongard Fund for Seniors**

*In memory of Fred Walder*

R. Isaacs

*Thank You for Our New Home*

The Dolls

**The Michael & Nancy Schoenberger Camp Ramah Scholarship Fund**

*In honor of Michael and Nancy Schoenberger's New Grandchild, Shira*

Stan & Jeanne Kagin

**The Oleisky-Blumberg Library Supplies and Maintenance Fund**

*In honor of Debbie Deutsch's Daughter's Marriage*

*In honor of Alan and Laura Gilbert's Marriage*

*In honor of Naomi Heller's Son's Bar Mitzvah*

*In honor of Steve & Bonnie Heller's Grandson's Bar Mitzvah*

Judge Allen & Marcia Oleisky

**The Ralph Z. & Bess Yellen General Scholarship Fund**

*In memory of your Brother, Chris Hyslop*

Stuart & Dian Yellen

**The Seiler-Newman Bema Fund**

*In honor of Hannah's Bat Mitzvah*

Fred & Harriette Burstein

**USY Scholarship Fund**

*In memory of Harvey Fishman*

Jerry Bronstien

**The Shirley R. Abelson Aleph School Fund**

*In honor of Margie Howell's 60th Birthday*  
 Richard & Marilyn Chern  
*In honor of Shira Schoenberger's Birth*  
 Sabes JCC Board of Directors & Staff  
*In memory of Florie Gerstenhaber*  
 Leonard & Bonnie Zeff  
*In memory of Gwendoline Burton*  
 Michael & Susan Blehert  
 Judge Allen & Marcia Oleisky  
 William & Jacalyn Broze  
 Barbara Eiger  
*In memory of Ed Devitt*  
 Judge Allen & Marcia Oleisky  
*In memory of Barb & Cliff Gerstenhaber's Beloved Aunt*  
 DeDe Armel  
*Happy 1st Birthday to Sophia Strauss*  
 Cym & Jesse Kibort

**Yahrzeit Contributions**

*In memory of:*

Nellie Weiss  
 Charles Hirschorn  
 Sam Schloff  
 Joseph Flaherty  
 Abraham Silverstein  
 Louis Stein  
 Ann Shieldkraut  
 Sally Greenberg  
 Hy Widetzky  
 Randy Geller  
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 Fred & Andrea Rose  
 Bruce & Heide Mandel  
 Zola & Barbara Friedman  
 Sylvia Field  
 Donald Rudin  
 Dr. David & Linda Estrin

**The Steven Gregory Rice Fund for the Physically and Mentally Challenged**

*In loving memory of Herman Rice*  
*In loving memory of Ann Armel*  
*In loving memory of Rachel Rappaport*  
*In memory of Fred Walder*  
*Mazel Tov on the Birth of Joy Wener's Granddaughter*  
*Happy, healthy birthday to Mattea Ann Rice*  
*Happy, healthy birthday to Lee Mona Armel*  
*Happy, healthy birthday to Sophia Weisberg*  
*Deep appreciation to Daniel Rutman and Andrea Weisberg for Hanukkah Shabbat dinner*  
 Malka Rice

**Condolences to** *(members in bold)...*

- **Michael (Ellyn) Marell** on the loss of his step-father, Abraham Goldberg.
- To family and friends on the loss of **David Lasky**.
- **Steven (Barrie) Orloff** on the loss of his mother, Rochelle "Ricky" Orloff Calvin.
- **Martin Ring** on the loss of his brother, **Harold Ring**
- To friends and family on the loss of **Adele Roth**.
- **Steve (Anne) Devitt** on the loss of his father, Edward Devitt.

**Mazel Tov to...**

- Debe and Adam Fefferman on the birth of their baby girl, Abigail Bria. Grandparents are Judy Freidson, Jeffrey and Linda Freidson, Bobbie and Mike Fefferman (Las Vegas, NV) and great grandfather Dr. Nathan Freidson. She is named after her maternal great grandmother Eileen Freidson and her paternal great grandmother Beverly Fefferman.
- Member grandparents Jacki and Bill Broze and Jim and Maida Fruen, and member great grandmother Lou Ann Bongard announce the birth of their grandchildren and great grandchildren, a baby boy, Ezra Aaron, and a baby girl, Bella Chloe, on November 20. Parents are Heather Fruen and Jeff Zacker and live out of town.
- David Silverstein in honor of his 95th birthday.

*If you would like to ensure that your or your loved ones' milestone, simha or other celebration are acknowledged in future publications, please contact Abbe Payton, Director of Engagement and Outreach, at 952-873-7303 or [apayton@bethelsynagogue.org](mailto:apayton@bethelsynagogue.org).*

**January Anniversaries**

Richard & Cathy Mogelson  
 January 8 ..... 30th  
 Michael & Paula Beugen  
 January 12 ..... 45th  
 Ross & Laura Kaplan  
 January 17 ..... 15th  
 Dr. Arnold & Shirley Kaplan  
 January 25 ..... 55th

# Havdalah Family Fun Night

Saturday,  
January 25, 2014

Beth El Synagogue  
Gruman Social Hall

5:45 - 7:00 p.m.

Come in your PJs for Havdalah!  
A light dinner and dessert will be served.  
Musical entertainment by Laurie Herstig and Amanda Awend!

Make your own spice box!

Please bring a new pair of 2-piece PJs size birth-teen. The PJs will be donated to "Sweet Dreams for Kids." This organization donates new PJs to children in the hospital.



**Sign up ONLINE by Friday, January 17. Cost is only \$10/family:**

**[www.besyn.org/family-fun-night](http://www.besyn.org/family-fun-night)**

Questions? Contact Amanda Awend, Director of Young Families Engagement at [aawend@bethelsynagogue.org](mailto:aawend@bethelsynagogue.org). If cost is a concern, please don't hesitate to contact Karen Burton at the Aleph Preschool office at (952) 873-7320.



Beth El USY Presents the 2014

# PURIM CARNIVAL

Sunday, March 16th

11:00 AM - 2:00 PM

Bring the **WHOLE FAMILY!**

**FOOD**

**GAMES**

**RAFFLE**

**SILENT  
AUCTION**

**Come in  
Costume!!**





# Behave Your Best!

Beth El Synagogue's Aleph Preschool and ECJFE presents a parent education series led by Jamie Waldvogel, MS, BCBA, and owner of Behave Your Best, LLC. This series of four workshops is designed to empower parents to transform even the most challenging parenting moments into teachable moments!

Sessions will be held the first Tuesday of each month, from 6:30-8:30 p.m., beginning January 7, 2014.

### **January 7, 2014: Empowered Parenting**

Parents will leave with proactive, positive, evidence-based parenting strategies designed to minimize challenging behaviors and maximize functional skills.

### **February 4, 2014: Getting Your Child(ren) to Listen the First Time**

Jamie will discuss reasons why children don't consistently listen and how to break down the complex task of listening into teachable components so that parents and children are successful. Each family in attendance will receive one complimentary fifteen minute phone consultation 1-2 weeks after the workshop.

### **March 4, 2014: Toilet Learning using "Rapid Training Technique"**

Jamie will review age norms based on literature, prerequisite skills, supplies to have (and not to have), important components to rapid potty training, common challenges parents face, and how to identify the necessary steps for your child to prevent challenges and promotes success.

### **April 1, 2014: Promoting Healthy Sleep Habits**

Jamie will review age norms of sleep, strategies to promote healthy sleep at all ages, common sleep concerns parents report and ways to address these common concerns.

	Person	Couple
Individual Session	\$15	\$25
Register for Entire Series	\$50	\$80

### **Register ONLINE:**

[www.besyn.org/  
parent-education](http://www.besyn.org/parent-education)

*Disclaimer: The views and opinions expressed in these workshops are those of the instructors and do not necessarily reflect the position of Beth El Synagogue or the Aleph Preschool.*

Beth El Synagogue  
5225 Barry Street West  
St. Louis Park, MN 55416

Phone: 952-873-7320  
Fax: 952-873-7301  
E-mail: [sgordon@bethelsynagogue.org](mailto:sgordon@bethelsynagogue.org)





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Freada Golden

**DATED MATERIAL**

**JOIN US**  
**Tu B'Shevat Seder**  
**CELEBRATE THE SEASONS!**  
**Thursday, January 16, 2014**  
**besyn.org/tbs**

*Spring* *Summer* *Autumn* *Winter*

**Tu B'Shevat Seder**  
**CELEBRATE THE SEASONS!**

Join us for an eight-course Food and Wine Experience

**4 Seasons • 4 Chefs**  
**2 Courses Each • 1 Amazing Evening!**

Thursday, January 16, 2014  
6 o'clock in the evening • Beth El Synagogue

**\$125 per person**  
includes an eight course tasting menu and wine pairings  
and an opportunity to get up close and personal  
with local chefs who will present their take on  
the flavors of the seasons  
[besyn.org/tbs](http://besyn.org/tbs)

**Beth El EATS!**