

BETH EL SYNAGOGUE SHOFAR

JUNE/JULY 2014 • SIVAN/TAMMUZ/AV 5774

"Home of the International USY Chapter of the Year 2012-2013"

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Happy Birthday Rabbi Abelson!

On Shabbat, June 28, we will celebrate Rabbi Abelson's 90th birthday with a special birthday blessing and a luncheon in his honor.

Join us as we wish him,
"Yom Huledet Sameiah"

SAVE THE DATE!

End of Summer Picnic

Monday, August 25

5:00 - 8:00 p.m.

Fun for the whole family

Catch up with old friends and make some new ones!

Something for EVERYONE

Delicious Kosher hamburgers
and hotdogs and veggie burgers will be available for purchase.

Volunteers needed!

Please contact Rabbi Olitzky at
aolitzky@bethelsynagogue.org

Shabbat in the Summer

Shabbat Mornings: Come Learn From Our Summer Darshanim

Throughout the summer
Beth El congregants
share their insights on the Torah:

June 14	Sam Gordon	July 26	Richard Spiegel
June 21	Pastor Amy Orstad	August 2	Abbe Payton
June 28	Joey Abramson	August 9	Darcy Gilbert Burke
July 5	Steve Moldo	August 16	Todd Sandler
July 12	Jeff Estrin	August 23	Yoni Binus
July 19	Jessica Koolick	August 30	Marsha Freeman

Notable Times

דלקת נרות Candle Lighting

June 6	8:40 p.m.
June 13	8:44 p.m.
June 20	8:47 p.m.
June 27	8:47 p.m.
July 4	8:46 p.m.
July 11	8:43 p.m.
July 18	8:37 p.m.
July 25	8:31 p.m.

הבדלה Havdalah

June 7	9:41 p.m.
June 14	9:45 p.m.
June 21	9:47 p.m.
June 28	9:47 p.m.
July 5	9:46 p.m.
July 12	9:42 p.m.
July 19	9:37 p.m.
July 26	9:30 p.m.

תפילות Services

Friday Evening ערב שבת
Kabbalat Shabbat 5:45 p.m.

שבת Shabbat

Shaharit 9:00 a.m.
Minha 5:45 p.m.

מינין Minyan

Sunday
9:00 a.m. and 5:45 p.m.

Daily
7:00 a.m. and 5:45 p.m.

General Information

Beth El Synagogue
5225 Barry Street West
Minneapolis, MN 55416-1901

952-873-7300
FAX: 952-873-7301
www.bethelsynagogue.org

Office Hours

Mon-Thurs....9:00 a.m.-5:00 p.m.
Fridays.....9:00 a.m.-3:30 p.m.
Sundays.....9:00 a.m.-Noon

Aleph Preschool: 952-873-7320
Youth Dept: 952-873-7330

a view from the bimah מהבימה



Religion on Trial

by Rabbi Alexander Davis

At the beginning of May, a group of almost 25 Beth El members explored the Mississippi Delta. Four years ago, this group travelled to the National Museum of American Jewish history in Philadelphia. This recent journey to the South highlighted the uniqueness of the Southern Jewish experience and explored topics ranging from civil rights to the civil war.

At the BB King Museum, we grooved to the sound of soul. In Vicksburg we played “Jewish Geography” with members of the local shul as we shared a meal. At Delta State University, a trivia game about the region by a local professor kept us guessing and laughing. On the other hand, some of the sites had a much more somber feel. Such was the case at the house of Medgar Evers in Jackson, Mississippi.

Medgar Evers, the first NAACP regional field secretary for the State of Mississippi, helped register blacks to vote and conducted investigations into civil rights violations. Tragically, he was murdered in 1963 in his driveway. We saw where a bullet had entered his house and ricocheted off the refrigerator. We heard how his children had ducked for cover in the bathtub when they heard shots. It was a powerful story that was given a fuller context on our visit to the newly renovated National Civil Rights Museum in Memphis.

Throughout the trip, I shared teachings from our Jewish tradition. In Evers’ living room, I read a speech by Abraham Joshua Heschel from 1964 in which he spoke out for civil rights and condemned complacency. His words are just as poignant 50 years later.

Heschel begins by reminding us of the Israelite’s escape to freedom. Just after they crossed the divided waters of the sea, they called out for water. “The Negroes of America behave just like the children of Israel,” Heschel writes. “They ask for civil rights and then have the hutzpa to call for adequate education, decent housing, proper employment. How ordinary, how unpoetic, how annoying!” And yet, the teaching of Judaism is davka about these kinds of ordinary, daily issues. Heschel writes, “The prophets field of concern is not the mysteries of heaven, the glories of eternity, but the blights of society, the affairs of the market place. He addresses himself to those who trample upon the needy, who increase the price of grain, use dishonest scales and sell the refuse of corn.”

Beyond Evers and racial discrimination, Heschel challenged us to see civil rights as part of a larger issue: “It is not only how we worry about the Negroes in American that is our test. It is also how we are concerned for the spiritual plight of the Jews in Russian, how we are concerned for the people of Tibet, the hungry masses in India and Brazil, for the sick and the poor, the wetbacks in our own country.” This is the true test of religion. And in certain places, among certain people, we are passing the test.

The Jewish mayor of Indianola is one such example. We visited with Steve Rosenthal over lunch and he told us about the project he is most proud of- an initiative to reduce teen pregnancy and improve education among his largely poor, black population. For Rosenthal, a regular Sunday school teacher at his Temple, taking on this project was more than politics; it was an act of tikkun olam (repair of the world). His students are lucky to have a mayor as their teacher. More importantly, they have a role model who answers Heschel’s final question, “Is religion to be a mockery?” with a resounding, “No.”



June 14, 2014 • 16 Sivan 5774
Shelah
MARA ELIZABETH BERNSTEIN
 מרגלית אילנה בת יהודה ופנינה
 Daughter of Paul & Pam Bernstein
Mara will be celebrating her bat mitzvah in Chicago.

Mitzvah Program: The mitzvah project that meant the most to me was volunteering at Second Harvest Heartland. We packed rice and sealed it into bags to distribute to food shelves. Another time I helped sort donated food into different categories. I was surprised to learn that some of the people receiving the food may have to choose between buying food and buying gas for their car, and gas would often win. Another mitzvah I did was to donate supplies like magazines and snack items to troops overseas. It felt great to help make a difference in other people's lives.

Mitzvah Heroes Leave Lasting Impression on B'nai Mitzvah Students

by Mary Baumgarten, Education Director

It's sometimes easy for the concept of "mitzvah," and it's centrality to becoming *Bar/Bat Mitzvah*, to get lost in the course of all the preparations and excitement linked to this life cycle event.

For this reason, this year we added a new component to our Fiterman B'nai Mitzvah Program on Shabbat mornings. It is our hope that this will put additional focus on what becoming a *Bar/Bat Mitzvah* really means.

Throughout the year our students were exposed to "Mitzvah Heroes" from our congregation who came and spoke about their connection to a specific *mitzvah*, and its performance.

The Beth El members who spoke to our children stand out in their consistent performance of the *mitzvah*, which took on a place of extreme importance in their lives.

The four *mitzvot* which were presented this year were: *Hakhnasat Orhim* (welcoming guests) by Colin Smith and Wendy Lovell-Smith; *Bikur Holim* (visiting the sick) by Deb Mallin; *Ma'akhil Re'evim* (feeding the hungry) by Len Zeff and *Hanakhat T'fillin* (putting on t'fillin) by Dr. Michael Appleman.

Our guests shared personal stories and anecdotes and made quite an impression on our TaRBuT students. It was



June 19, 2014 • 21 Sivan 5774
HENRY EMMET TAPPER
 חנן אמת בן ישעיהו ושמה
 Son of Stuart & Cindy Tapper
Henry will be celebrating his bar mitzvah in Budapest, Hungary.

Mitzvah Program: Henry has volunteered for Feed My Starving Children and will also be completing mitzvah projects while in Europe. He will be bringing school supplies to children in need, and will be volunteering at Federation funded projects during his time there.



July 26, 2014 • 28 Tammuz 5774
Masei
RACHEL ARNOLD
 רחלי גלית בת פרומא לאה וברוך
 Daughter of Brian & Amy Arnold
Honoring Rachel on her bat mitzvah, her grandparents, Bob & Sorah Blumenfeld are sponsoring the kiddush & congregational luncheon.

Mitzvah Program: During the last three years, Rachel has dedicated time to exploring multiple avenues for service learning and Mitzvah projects, including work with sheltered animals, environmental clean-up efforts, and craft creation for community members. Among her favorite were visits to an Encino, CA senior residence and the Los Angeles Veterans' Administration, where she played games and heard stories that proved incredibly valuable to her understanding of American, Jewish history. As she becomes bat mitzvah and further clarifies her community responsibilities, Rachel will commit monthly Mitzvah hours, serving people both locally and globally.

not unusual for them to ask me: "When are our next *Mitzvah* Heroes coming?" They truly looked forward to these opportunities.

The *Mitzvah* Heros, illustrated for our students what is really important about becoming a *Bar/Bat Mitzvah*, a son/daughter of the commandments. It is our hope that Beth El's *B'nai Mitzvah* students will carry this message with them as they prepare and then celebrate becoming a *Bar/Bat Mitzvah* here.

Additionally, we hope that the performance of *mitzvot* will assume a central position in their lives as they assume the responsibilities of a Jewish adult.

Colin and Wendy, Deb, Len and Michael, thank you for being our Mitzvah Heroes and for sharing your *mitzvah* stories with us. We appreciate it and we learned a lot.



Colin Smith and Wendy Lovell-Smith



Deb Mallin



Len Zeff



Dr. Michael Appleman



Forgotten, But Not Gone

By John Orenstein, *Beth El President*

I'm told that the best title of all at Beth El Synagogue is "Past President." Think of it: my picture will be up on the wall with the other past presidents! (Which wall, though, is unclear, as the room has been demolished.) I'm an automatic, lifetime member of the board! (Nonvoting.)

I get an annual pension! (That one I made up.)

Actually, there are a lot of things about being president I'll miss. For example:

Being thanked. People keep saying to me, "Thanks for all you do for Beth El." It's a little like a George Saunders story I read, where the main character comes back from the military and everyone he meets says, "Thank you for your service," glossing over the fact that he is visibly deranged.

Thanking others. I recall one of the great dinner table debates from my childhood. My brother refused to thank our mom for making dinner because, in his words at the time, "It's her job." My dad took strong exception to this. From that moment on, I appreciated the value of thanking people for what they do. (Well, maybe not from that moment on, but I like telling the story.) At Beth El, it's the president's privilege to be the official thanker for so many people who give of themselves without expecting any thanks at all.

Encounters with greatness. I've greeted national and world leaders who came to speak at Beth El during my term, as well as visiting scholars and musicians. Each time I had to suppress the urge to hand them a lollipop and sing, "We wish to welcome you to Munchkinland!" I still wonder what Hillary Clinton would have done.

Meetings. Just kidding.

There are some things I won't miss – not because they're negative, but quite the contrary, because they made lasting impressions, and I'll always carry them with me. I'm thinking especially of my experience working closely with **Rabbi Davis, Rabbi Olitzky, Cantor Abrams, Linda Goldberg** and other members of the staff. If you want to know what dedication looks like, spend a couple years hanging out with these people. They never seem to get tired of thinking about, talking about and doing something about making Beth El a better place. And they'll continue that way after my term is done. They have the passion that comes with seeing your work as a calling.

Lots of other people at Beth El have a similar passion and the talent, intelligence, and good sense to go with it. I want to list the Executive Committee officers and appointees by name: **Leslie Hahn, Steve Klane, Barbara**

Krupp, Gil Mann, Dan Mosow, Tom Sanders, Steve Sanderson, Sonia Ungerman and Michael Walstien. (Notice someone missing from that list? I'll get to her in a minute.) Sometimes when you're on a committee like this, listening to the president drone on, you wonder what impact you're really having. In this case, I can think of instances where each and every member of this group said something that changed a direction we were going, changed the way we thought about an issue, averted a bad decision or made a good decision a little bit better. Together with the past presidents and donors who gave me crucial advice all along the way, this group is a brain trust for Beth El. Your value to this congregation can't be overstated.

That brain trust includes **Bonnie Bongard Goldish**, the next president. Two years ago, I was an enthusiastic member of the Bonnie for President club. Already I can see we were right. Bonnie has ramped up in the past several months; she attended United Synagogue's training program (which is more than I did), and she has focused time and energy on ways to make Beth El more engaging for more people. She completely trashed my "Cold and Unwelcoming" initiative, which in hindsight I admit was ill-conceived. Bonnie will be as great a president as she is an ophthalmologist (the only reason I can see my computer screen to write this is her).

A few weeks before I started as president, I was feeling some buyer's remorse. That business about being thanked: it seemed as if everyone was saying, "Thanks for doing this" in a way that sounded an awful lot like, "Better you than me." I confided this to **Rabbi Abelson**. He replied with conviction, "Being Beth El president will be one of the great experiences of your life." He was right. On a personal level, it was a growth experience, and I'd sort of forgotten that at age 56 I could still have those.

But mostly he was right because of all the people I got to work with who care deeply about this institution. They're people of all ages; they have a keen appreciation for the challenges facing Beth El and all American Jewish communities; they see a strong Beth El as critical to Jewish life, and they see Jewish life as critical to themselves and their children. It all makes you think the future looks good, no matter what the Pew Report says, no matter what the commentators would have you believe.

Which leads me once again to the most important thing I get to say as president: thank you, all of you. It's been a pleasure. Now, if I can just find that photo wall ...

A handwritten signature in black ink, appearing to be "John Orenstein".

“Shalom Y’all” by Linda Platt



Beth El southern travelers at the Dockery Plantation, birth-place of the Delta Blues music.

Our trip to the Mississippi Delta not only met my expectations, but far exceeded anything I could have imagined. I was particularly taken by the warm reception we received at synagogues in these small Mississippi towns. I was shocked to learn that half of the people greeting us were not Jewish! They belonged to local Methodist or Presbyterian churches but had close Jewish friends and so wanted to support the synagogue. Many of them attend Friday night services when the traveling rabbi is in the area. From Natchez to Vicksburg to Indianola, we made some new friends, but I was saddened to think these were dying Jewish communities.

We saw first hand how the Jews of the Delta made their Judaism work for them in their Southern environment. They were true Southerners, but had a Jewish experience very different from the Jewish communities of the North. We had lunch with the Jewish mayor of Indianola, Mississippi and were impressed by his experience growing up there, having a Bar Mitzvah, affiliating with a Temple, and never experiencing any real anti-Semitism.

Civil War and civil rights themes were also an important part of our trip. Visiting the battle sites at Vicksburg, we could better appreciate how the Civil War impacted the daily life for many years. We learned that Jews fought for the Confederacy. Some owned plantations and sadly, some even had slaves.

The Civil Rights Museum in Memphis brought to life the struggles of the blacks during relatively recent decades. We relived the marches, riots, and of course, the assassination of Martin Luther King. We witnessed through newspaper articles and movie clips the gross injustices done to the blacks during our lifetime.

This was such an emotional and impactful trip. I continue to process the experiences and information.



Mazel Tov to our Seniors!



- | | | |
|-------------------|-------------------|--------------------|
| Noah Abramovitz | Ariel Hechter | Solomon Raskin |
| Kaynan Appelbaum | Sammy Hechter | Jonah Resnick |
| Cole Bacig | Imara Hixon | Sydney Rosenzweig |
| Mia Berman | Noah Kupritz | Benjamin Sanderson |
| Emily Bialick | Alexis Lehman | Robert Sherman |
| Joshua Burton | Michael Lieberman | Richard Shmikler |
| Phoebe Cohen | Sydney Mandel | Ben Sobol |
| Abbey Derechin | Ellie Marschinke | Braden Spencer |
| Ethan Friedman | Sam Neuman | Zoe Strauss |
| Molly Galinson | Noa Parker | Ariel Weinstein |
| Jack Goldstein | Eli Payton | Max Wolk |
| Rebecca Greenberg | Ari Pepper | |



Pictured are Jenny Feinberg and her daughter, Lily, at the Jewsonian grand opening.

Jewsonian 2014

This year fifty-eight (58) 5th grade students at the Talmud Torah of Minneapolis, presented their “Living Museum” from April 7-10 in the Tychman Shapiro Gallery at the Sabes JCC.

The Living Museum is a program done in coordination with the Museum of Jewish Heritage in New York.

Students brought in artifacts which they learned about from their families. They shared them with their class and they were then exhibited for the public in the Tychman Shapiro Gallery.

This year’s artifacts ranged in age from 200 years old to under 5 years old. All of them had Jewish significance for the families. They were related to holidays, life cycle events, rituals or Shabbat.

A grand opening reception for students and their families was held on April 7, with parents sponsoring the “juice and cheese” reception. Parents and guests loved the exhibition and the students received many accolades for their work and the seriousness with which they approached this project.

Thank you to the Jewish Historical Society, Allie Greenstein and Kim Steil for their help and support. Mary Baumgarten, Carmella Chazin and Anat Szendro were the 5th grade faculty members who worked on this project with their students.



A Message from Women's League

Joyce Prohofsky, President

This has been an exciting year for me in Women's League. I agreed to take a task that I wasn't sure I could handle. During this year, I have learned more about myself and have become much more familiar with Women's League (as Rabbi Abelson said would happen). I have met new people and renewed old friendships. I have visited Congregations in other cities and exchanged ideas with women from Canada to Mexico.

This year Women's League has seen a great hamantashen season, successful k'nish sales, and positive things happening in the Gift Shop including a computerized register. Our donors are the best; a huge todah to you all. We had a nice calendar and are looking forward to working with a new company to help us create an exciting calendar for the coming year. We still need your help to meet our quota for JTS (Torah Fund).

A donor program is in the works for September. In November, an Art Crawl and Maven Marketplace will help you get ready for the holiday season. It is co-chaired by Marilyn Weisberg and Liz Pomish.

Thank you to all the women who have worked diligently to make Women's League the successful sisterhood it has become. Without you, the support we lend to the greater synagogue community would not be possible. I look forward to working with the existing board and welcoming new board and general members into our Women's League family in the coming year.

Gift Shop Open All Summer – June 8 and after that by Appointment

Our Gift Shop will be open Sunday morning June 8 from 9:30 – 11:30 a.m., and by appointment only between June 15 through August 17. Please continue to watch our showcases throughout the summer for new merchandise!

Feel free to call Linda at 763-545-4301 or Sara at 763-529-1285 for an appointment.

Remember that all b'nai mitzvah students receive a 20% discount on tallitot and that Women's League members get a 10% discount on all regular priced merchandise.

Shabbat Bakers Needed

Women's League is in need of kosher baked goods (cakes, cookies, etc.) for kiddushim. Your help is appreciated! Please contact Joyce Prohofsky at 952-545-5170.

Inclusion Committee Meeting

Tuesday, July 1 | 7:00 p.m.

Learning Center

All are welcome to attend the first Beth El Inclusion Committee meeting in some time. We will initiate plans for an evaluation of all functions at the synagogue in terms of inclusion. We will use the "Jewish Community Guide to Inclusion of People with Disabilities," which includes in-depth interviews with clergy, staff, lay leaders, committees and members.

The Guide will help us to systematically survey our building for accessibility for people with disabilities including mobility, sight, hearing and development issues. It will also assist us in reviewing our inclusion policies for all members including written and unwritten.

We are looking for cooperation within our congregation as we gather input from people of all abilities. You can help by:

- communicating with the Committee when asked for an interview
- contacting the Committee in writing
- calling a Committee member with concerns or suggestions
- attending an Inclusion Committee meeting in person
- joining the Committee for more involvement opportunities

Initial steps will take months, but it will help us to examine our achievements and identify our barriers to inclusion. Inclusion doesn't have to be costly, but does require a spirit of change, which can only occur when Beth El is open to examination, reflection and transformation.

Since this Committee is newly formed we have not established any further meeting dates or times. For more information, please contact Jeanne Kaufman 763-533-1888 or jeannekaufman@comcast.net.

Volunteer at Second Harvest Heartland

Beth El volunteers will be going to help pack food at Second Harvest Heartland on Thursday, July 17 from 6:00 p.m. – 8:00 p.m. All are welcome to help (must be at least 8 years old). Please contact Norma Kaplan at skaplan6@comcast.net or phone 612-584-3099 to sign up. Second Harvest Heartland WEST is located at: 6325 Sandburg Rd. Suite 700, Golden Valley, MN 55427.



Pesah Revisited

Thank you to all who donated ma'ot hittin (tzedaka for Pesah) while selling your hametz. Through your generosity, we raised a record, \$1541 to fight hunger in Minnesota. Kol hakovod. Next up- the Yom Kippur Food Drive. Watch for details later this summer.

Sunshine and Warmth

by Jan Hamilton, RN



Hopefully by now we are all enjoying sunshine and warmth. We need not only the warmth and sun outside but inside as well, in our hearts. I'm reminded of the feeling I have inside when I've either participated or facilitated a group, that warm feeling of having connected meaningfully with others. A group can be simply a support group, or it can be a combination of information and support.

What happens in a group when it's facilitated properly? We get to hear a number of voices and ideas. It's a multiplier effect as one thought leads to another thought. Some people learn by listening and observing; others by talking. Some people may be modeling an attitude or approach that we can benefit from; others need our support. We readily offer support as we are reminded that we are not the only one facing a particular condition or circumstance. We take responsibility for our own decisions as no one gives advice or tries to "fix" us. We're simply encouraged and supported as we are and where we are. The result is often a "lightening" of what we are currently carrying that weighs us down.

I recently attended a workshop led by Ted Bowman, a noted trainer/consultant/educator in our area on the subject of loss, grief, and the challenges of caregiving. I've touched on this subject before but am now inviting you to contact me regarding our having a caregiver support group here at Beth El. I would be happy to facilitate such a group.

Perhaps some of you are familiar with Rachel Naomi Remen, M.D. She has written two books that I love, My Grandfather's Blessings and Kitchen Table Wisdom: Stories That Heal. The following excerpt on care fatigue and grief fatigue comes from the latter.

"The expectation that we can be immersed in suffering and loss daily and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet. This sort of denial is no small matter. The way we deal with loss shapes our capacity to be present to life more than anything else. The way we protect ourselves from loss may be the way in which we distance ourselves from life. We burn out not because we don't care but because we don't grieve. We burn out because we've allowed our hearts to become so filled with loss that we have no room left to care."

Sending you warmth and sunshine,

Jan Hamilton
jhamilton@bethelsynagogue.org
 952-873-7356

Caregiver Tip of the Month

Strive for balance.

Doing a little bit of self-care every day or on a regular basis is often healthier and more beneficial than an extended vacation.

Gemilat Hesed Volunteer Opportunities

Second Harvest Heartland

Thursday, July 17, 2014

Thursday, September 4, 2014

Tuesday, November 25, 2014

Tuesday, January 13, 2015

For More Info Contact: Norma Kaplan
skaplan6@comcast.net.

Loaves and Fishes

September 23, 2014

November 25, 2014

Cooking, serving, cleaning

For More Info Contact: Diana Rosen
rose0392@umn.edu.

Ronald McDonald House

First Sunday morning of each month

Cook in advance, cook/serve 9:30 - 11:30 a.m.

For More Info Contact: Sarah Gruesner
smg7381@gmail.com.

Yad V'Lev Committee

Join the YVL committee and receive e-mails for your opportunity to help and comfort members of the Beth El family who are experiencing challenging times. This is accomplished by reaching out with "yad v'lev" open hands and hearts to perform gemilat hesed (acts of kindness). Email: jgruesner@gmail.com.

Shabbat Transportation Service

Volunteers are needed to provide transportation to Beth El from Knollwood Place. Contact Margie Goldfine at smmaahome@aol.com.



We Need Your Help

HIPPA laws now prohibit hospitals and nursing homes from releasing names to us. We want to know when you or a loved one are hospitalized or in need of help. Please contact the clergy or our congregational nurse, Jan Hamilton at jhamilton@bethelsynagogue.org or 952-873-7356, who would like to reach out to you and your loved one.

Fiterman Mitzvah Corps Completes a Successful First Year

by Mary Baumgarten, Education Director & Mollie Feldman, Youth Director

Thanks to the generosity of the Fiterman Family, 28 eighth graders participated in an exciting new initiative, the Fiterman Mitzvah Corps. Through this unique program, participants learned about tzedakah, philanthropy and non-profits. Moreover, they had the real-life challenge and pleasure of allocating funds to local organizations.

On Shabbat mornings, Gil Mann, Brittany Beck, Anne Hope and Rabbi Avi Olitzky taught our students about the theory and theology of tzedakah, for profit and non-profit organizations and philanthropy. They grappled with the issue of “universal giving” vs. “particular giving.” Should we as Jews support Jewish organizations or those in the general community? Should we support both? Why or why not? Thoughtful and lively discussions ensued.

Our students participated in on site visits at the Minneapolis Jewish Federation, Perspectives, the JCRC and The Cookie Cart. Site visit locations were selected by the teens and reflected an interest in exploring organizations that serve both the Jewish community and the broader population. These visits gave students an opportunity to learn first-hand about the work of the non-profits.

What made the Mitzvah Corps truly innovative was the next step. Students required these organizations to complete grant proposals which were submitted to the Corps for review. Our students read and rated the proposals and allocated over \$5000 to three organizations.

These grants were made possible by the generosity of Fiterman Family as well as the personal contributions of



Pictured are: Mike & Linda Fiterman, Rabbi Davis, Mary Baumgarten, Mollie Feldman and the grant recipients

many of our students. For generations, the Fitermans have taught our community about tzedakah by example. Now this initiative formalizes the lessons in an impactful experience that puts into practice many of the lessons discussed in the years of b'nai mitzvah training.

On May 18, representatives of the three organizations joined our last Mitzvah Corps session to receive their grant awards. The organization representatives were very impressed by our group and by the Fiterman Mitzvah Corps Program. We were so happy that representatives of the Fiterman family were also able to join us. We are indebted to them for their vision and their support.

We are delighted to have piloted this program. It is our hope that the "mitzvah" component of becoming bar/bat mitzvah will continue long after a child's special day. Given what we observed in working with this group of eighth graders, we know it will.

Look for information on next fall's Mitzvah Corps in the coming months or contact Mary Baumgarten for more information.



Youth Department Updates: Leadership Opportunities and YOW 2014

by Mollie Feldman, Youth Director

BERUSY and the Beth El Youth Department had a great 2013-2014 programming year. BERUSY was recognized as the 2013 International USY Chapter of the Year, attendance at chapter and regional events increased, and Jamie Halper was elected as the 2014-2015 EMTZA Region USY President. Moving forward, BERUSY welcomes a new youth director, Haley Carneol, and is excited for a great year under her leadership.

YOW 2014 – Aug. 29-31: BERUSY's annual (Y)outh (O)utreach (W)eekend is an incredible opportunity offered to Beth El 9-12th graders. This fun and meaningful weekend away is fully subsidized for all participants thanks in part to a generous gift from the Seth Foundation, in loving memory of Seth Karon Z"l by his parents and brother, Stefanie, Bob,

and Jason. YOW is a unique opportunity to get to know your fellow BERUSYers and bond with the chapter. YOW 2014 will be held at the Perlstein Resort in the Wisconsin Dells. Registration is open and spots are limited, so sign-up now at besyn.org/yow/!

YOW Chair Positions, applications due July 15: Applications for YOW Chair positions are now being accepted. YOW Chairs will work with the Youth Director and USY Executive Board to help create an amazing and memorable weekend for all YOW participants. Online applications may be found at besyn.org/yow-chair and are due back by 10:00pm on July 15th. Application is open to all USYers who have attended at least one previous YOW and are not serving on the 2014-2015 Executive Board. Preference may be given to senior applicants.

*check the BERUSY website at besyn.org/berusy for additional events and details, and you may view a full calendar online at besyn.org/berusy/calendar



A Message from the Director

Karen Burton,
Director of Early Childhood Education, Aleph Preschool

As our preschool year came to an end we look back with pride at the many accomplishments we achieved and milestones we reached. The children matured, explored, created and played. They grew physically, emotionally and spiritually. They formed beautiful and loving friendships with their peers and strong bonds with their teachers. In addition, a successful combination of building blocks -- outstanding teaching, administrative staff and clergy; amazing partnerships with our Aleph Preschool parents; special programs including ECJFE and Babies & Bagels; wonderful volunteers; and a strong Parent Committee -- enhanced learning, fundraising and a sense of community.

On May 29, family and friends filled the Spiegel Sanctuary at Beth El Synagogue to join in the celebration of PreK Graduation. The children entered the Sanctuary in their blue caps and gowns and walked down the aisle to the Bima. We were all delighted as we watched their radiant faces and listened to their sweet voices singing beautiful songs in both Hebrew and English. Now our graduates are ready to embark on their next educational journey. We wish them all "Mazal Tov."

Finally summer has arrived and with the start of summer camp, Chaverim B'Shemesh, we are ready to let the fun begin. This summer we have three camp sessions that include, weekly themed units, field trips, swimming at the JCC, sports, cooking, Under-Nights, Cook-outs, visit with the Israeli scouts, Musical Shabbats and Havdallah and so much more. Please stop by for a visit and join in on all the fun.

Please join us for our summer Musical Shabbats with Laurie Herstig on June 13 and July 11 at 9:30 a.m. in the Fiterman Chapel, followed by Babies & Bagels in the Learning Center.

Enrollment for the fall is still open. If you have a child or know of a friend looking for a preschool we would love to give you a tour. You can contact me, Karen Burton at kburton@bethelsynagogue.org or go online to register at http://bethelsynagogue.org/aleph_preschool/

Wishing you a wonderful, fun filled and safe summer.

Karen Burton

2014 Aleph Preschool Graduates



Bottom Row (Left to Right): Joely Cohn, Mia Wolfe, Abe Percansky-Segal, Alex Blehart, Eliora Estrin, Jillian Miller, Ayelet Parker, Emerson Strauss
2nd Row: Cassie Berman, Mila Schlissel, Rayna Kaufman, Laila Fink, Laila Schoenberger, Jonah Harad, Aiden Blumenfield, Elissa Badzin
3rd Row: Sydnie Sevak, Max Swanson, Isabelle Calderon, Maya Kaye, Martin Gelfman, Yossi Buchbinder, Hannah Levitt, Noah Stoller
Row 4: Evan Mandelbaum, Sadie Dveris, Sara Rosenman, Violet Saxton, Julia Rosenman, Clark Swanson, Sasha Kenigsberg



HaZamir Really Went to Carnegie Hall!



I've been talking about taking the local Talmud Torah HaZamir chapter to NYC all year, so I thought you might be interested in hearing my and their reflections. It was a wonderful weekend – very full, very intense, long days, grueling rehearsals, very spiritual Shabbat services, mediocre food, great kids from all over, and amazing music! The concert, with over 30 family members from Minneapolis and another 30+ friends and relatives of our singers from the NYC area in attendance, was spectacular - beyond both my and the kids imagination. Three hundred voices is very impressive. And the soloists??!!! Wow...we will keep our eyes out for those kids! Mamma Mia was great fun – complete with a meet and greet with the cast and some extra time at the stage door with one of the leads. Some kids took subways for the first time. A few kids flew for the first time. Everyone had a great time! But my biggest joy was the realization that a new generation is discovering and finding the beauty in Jewish choral music. It's rapidly being replaced in the synagogues – thought to be too performancy and passive. And school choirs sing very little Jewish music. And what they do sing is not of very high caliber. This was good stuff. And they loved it! They sing it in their sleep – like the top 10 from the radio. My hope is that next year our 17 will be 25. And that each year we will grow. And that over time, Jewish choral singing in the Twin Cities will once again be vital to our ears, our culture and our spirituality. But enough of my thoughts....let's hear from the six singers from Beth El...

Emma Feinberg

I had one the best weekends of my life in NYC with the HaZamir Choir. I made friends from all over the country and experienced a sense of belonging I have never felt anywhere else. While I was up in the Catskills I spent time rehearsing the most beautiful pieces of music with the most gorgeous talented voices I have ever been able to sing with. Not only did I enjoy singing, I also learned about music, from dynamics to precision to breathing techniques. It was so easy to connect with the people of HaZamir



Emma Feinberg (Beth El) and her sister, Lily, excited to take in a Broadway show!

because they were so much like me, a proud Jew who loves to sing. Those few days gave me moments I will remember for a lifetime. I am so thankful I had the opportunity to be in this choir. I gained a new appreciation for Jewish choral music which I did not know how much I would love singing. It's hard for me to explain how meaningful it is to sing classical music in words that are part of my heritage. I want to thank Cantor Abrams for making HaZamir a reality for all of us in Minneapolis. Without her encouragement, leadership, fun personality and taking care of all the logistics, none of this would ever have happened.

Emma Seymour

Even during rehearsal, the beautiful and full sound we created all blew me away – of course I was most likely comparing it to our 17 person choir back in Minnesota which is, still one of the best choirs I have ever participated in. Moreover, the chance to sing at Carnegie Hall doesn't always come around and knock on your door, making this experience even more unforgettable. I would definitely go back if there was a possibility of doing so. Through this new experience of meeting around 300 new people in which all share the same passion of singing, my outlook on the Jewish community will be changed forever.



Kelsey Bailey (Adath), Libby Harris (Adath), Brianna Johnson (Beth El), Emma Seymour (Beth El) walking down the streets of NY after the concert.

Polly Lehman

I never imagined that at 16-years-old, I would be singing at Carnegie Hall in New York City. I have never been to New York before, and to go there for the first time and sing at Carnegie Hall was the most amazing experience ever. But how do you get to Carnegie Hall? Practice, Practice, Practice!



Polly Lehman (Beth El) with the star of Mamma Mia

Throughout the year, I got to spend my Sunday afternoons with 17 friends where we practiced and sang beautiful Judaica music from various composers. We learned how to sing our parts and blend together into one voice. When the time came to leave for New York, we were all so excited and ready to go, I don't know how Cantor Abrams kept us all in line. When arriving in New York I met my first group of kids I would be spending the weekend with. Sit us all down on a bus and, Boom! Instant friends. Throughout the three days of rehearsals at the festival, there was a growing sense of community. Instead of being 17 kids from Minneapolis, 20 kids from over there, and 8 kids from way over there we became 300 kids with one voice. After rehearsals' and during meals we had the opportunity to socialize freely, which gave me the chance to meet people from other chapters, and even talk to the conductors. Finally we arrived at Carnegie Hall, and I was speechless, a rare occurrence. The concert that my 299 new friends and I performed was more incredible than I imagined. Next year, I hope to continue with HaZamir, singing more wonderful music, and spreading the word to give more kids the same amazing experience that I had.



Etta Bernstein, HaZamir Assistant; Susie Chalom, Talmud Torah Executive Director; Cantor Audrey Abrams, conductor of local HaZamir Chapter

Talor Blustin

My HaZamir experience was one that I will never forget. Going into the weekend, I had more doubts than I could count and I was beyond nervous to walk into a room with 250+ people I had never met. But what motivated and excited me the most was our common love of Judaism and music. I was lucky enough to sit by two HaZamir seniors who open-heartedly embraced me and accepted me into the HaZamir family. They helped me whenever I needed it and were always there for me. After singing 'HaZamir' the first time, I was paralyzed by our collective sound and I knew that this experience was something truly special. Very few people can say they sang at Carnegie Hall but to see the seniors get emotional on the last song really emphasized how special the HaZamir festival really is.

I also had the opportunity to lead Torah service on Saturday morning. Afterwards, I talked to people from inside and outside of our chapter and they all said one thing: "The harmonies and passion with which everybody sang was something they had never heard before." I couldn't agree more. When we left the Carnegie Stage and everybody said their good-byes, I knew I had made lifelong friendships and knew that I had just been a part of something incredibly special.



Josh Freeman (Adath) and Talor Blustin (Beth El) enjoying a few minutes of down time between rehearsals.

Lilly Kaufman

I liked the HaZamir conference! It's almost too great to put into words. Meeting new people from all over and sharing the same experience made it easy to connect and bond with people. It was inspirational to take part in such a high level choral group and perform at Carnegie Hall. I enjoyed flying for the first time, Broadway, Times Square, and I want to go back next year!



Isabelle Jones (Adath), Brianna Johnson (Beth El), Lilly Kaufman (Beth El) on the plane going to NY!

Brianna Johnson

I had a once in a lifetime experience with HaZamir. It was so much fun to meet new people and make music with other teenagers from all over the United States and Israel. It was amazing being able to hear everyone sing the beautiful songs together. This was definitely something I will never forget.

Kosher Healing

by Barbara Bach

When you are hospitalized, food is not a chief concern. It comes way behind “Will I get better?”, “Am I covered by insurance?”, and “How many days of work will I lose?” But for someone who keeps kosher, food can be a concern. A question for him/her is, “Will the hospital have kosher food for me?”

Almost all Minneapolis area hospitals have a kosher food menu. The food is of the frozen dinner variety similar to what you would get if you ordered a kosher meal on an international flight. The choices are limited. One hospital listed all its choices: filet of sole, Salisbury steak, roasted chicken breast, or vegetarian stuffed pepper. The hospital dietitian said that because the list is limited, she keeps a small supply of shelf stable kosher meals in stock. This is helpful because there is no way to predict which incoming patients will request kosher food, how many kosher meals the hospital will need within a given time, or whether a patient requesting a kosher diet will have a longer than normal hospital stay. Foods from the kosher menus are usually served on hospital trays, but kept within their original packaging so the patient can see the kosher certification. Hospitals will also try as best they can to conform to a physician’s dietary restrictions (i.e., low sodium) while meeting the rules of kashrut.

Most hospital units keep a supply of apples, bananas, ices, ice pops, apple juice, and similar items on hand for patient snacks. Fresh fruit does not need kosher certification, and the non fruit items are, for the most part, kosher certified. Hospital nutrition offices try to keep an up-to-date list of all the foods in the hospital that have kosher certification such as cookies, crackers, juices, breads, and ice cream.

Hospital food is available only for patients. Hospitals keep track of a patient’s food intake so a visitor cannot eat food off a patient’s tray. Occasionally the need arises when a hospital visitor requests food. One dietitian said that her hospital has what they call “guest trays” that can be ordered

for a family member who chooses to stay in the hospital room to be near a patient. The family member uses a credit card, check, or cash to pay for the “guest tray.” The hospital dietitian said if the family member cannot use any of the payment options because of Shabbat, the hospital will make other arrangements for payment. The dietitian remembered an instance when a kosher and Shabbat observant woman gave birth on Shabbat. Her husband was with her for the birth. The new father did not use the phone, handle money, credit cards, write, or drive on Shabbat. In this case, the hospital put the husband’s kosher “guest tray” on the patient’s hospital bill. Hospitals, on request, will also arrange for electric Shabbat candlesticks to be in the room of Shabbat observant patients.

A true story: One JULY, twenty three years ago, a kashrut and Shabbat observant new mother gave birth on a Friday but could not go home until after Shabbat on Saturday. On her first lunch after giving birth, she was served a kosher pot roast dinner. Her dinner meal that night was kosher pot roast. The next day’s lunch was also kosher pot roast. She hesitated before opening her Saturday night dinner. Good news! It wasn’t kosher pot roast. Bad news. It was KOSHER FOR PASSOVER roast chicken! Luckily, things have improved since then.

Hopefully you will not need to be hospitalized. But if you are, you can continue to keep kosher during your hospital stay.

(The above information was provided by Abbott Northwestern, Fairview Southdale, and Methodist hospitals.)

Beth El EATS!

Beth El Book Club

June 24 | 6:30 p.m.

Please join us to help suggest books for our 2014-2015 reading list. Newcomers and men are welcome, too.

Book Club questions? Please contact Debby Deutsch at debdeutsch11@gmail.com or 612-718-6250.

High Holy Days Go High Tech



Anticipating receiving your High Holy Days Registration Packet in the mail? This year you should look in your “in-box.”

All the of the information about worship services, childcare, the Chai Appeal, etc. will be handily available this year online. (Of course our office staff will assist congregants who do not have computer access.)

As in the past, tickets will be mailed to your home with your Chai Appeal Pledge Card, which will be collected this year on the first day of Rosh Hashanah.

Look for details on how to register in the August *Shofar* and in Keshet emails later in the summer. Thank you in advance for embracing these transitions with us. We are confident these improved changes will be easy and convenient for you. It will also save our synagogue money and our planet some trees.

Beth El Endowments and Program Funds provide an important source of income, enabling the synagogue to offer added services and programs and to make improvements to the facility. You can honor or remember family members and friends or special events with contributions to any of the Beth El Endowment Funds or Program Funds. Send donations to: Beth El Synagogue, 5225 Barry Street West, Minneapolis, MN 55416. Indicate the fund to which you want to contribute, the purpose of the contribution, and to whom you would like an acknowledgement sent. A complete listing of funds are available by calling the front desk at 952-873-7300 or donate online at www.bethelsynagogue.org (click on "Donate"). If you would like to establish a new fund in your name or in the name of a loved one, please contact Susan Lieberman, Foundation Director, 952-873-7309.

Beth El Gratefully Acknowledges the Following Contributions This list reflects donations made to funds from April 10, 2014 - May 7, 2014. Contributions received after May 8, 2014 will be listed in the August 2014 issue of the *Shofar*. If you **do not** want your name listed, please include a note when you make your contribution.

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Mazal Tov to Irene & Bob Gale, on your 50th Anniversary

In Memory Of Irv Benowitz, beloved husband & father

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Mazal Tov to Dr. & Mrs. Freeman Rosenblum, birth of grandson

Mazal Tov to Dr. & Mrs. David Estrin, births of 2 latest grandchildren

Mazal Tov to Mr. & Mrs. Bill Broze, birth of twin grandchildren

Phyllis & Buddy Harris

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Mazal Tov to Yonah Davis on your Bar Mitzvah

In Memory Of Rabbi David Younger, our family's good friend

Dalia Katz

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Memorial Plaques

"The Life has ended, but the light can never be extinguished"

It is our custom at Beth El to memorialize our departed loves ones with memorial plaques. These beautiful plaques are placed in the back of Fiterman Chapel for the entire first year and then the entire month of the Yahrzeit date each year after that.

The cost of a plaque is \$500, with the proceeds supporting programs at Beth El throughout the year.

Please contact Marilyn Sussman at 952-873-7314 for more information or to order a plaque.



It's Time For You To Strike It Rich!



Join the BETHELDERS and their guests, the B'nai B'rith-ers & Adath Super Seniors on a "lots o' winners" trip to:

Treasure Island Casino Red Wing, MN

Sunday, June 22, 2014

10:30 a.m. Departure

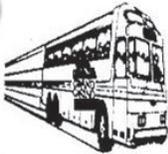
A \$6 per person check should be made out to the Bethelders.

(Includes tip to driver) plus an \$18 per person check must be made out to Best Bet Tours (cash accepted, too). The Casino will give you upon arrival a \$3 certificate to use for food, plus a \$15 credit on your Treasure Island Passport Club card to use for gambling.

Your additional package also includes:

- Round trip luxury motor coach transportation (with restroom).
- Help yourself to complimentary soft drinks, bottled water, candies & cookies served enroute.
- Play bus BINGO with hostess, Lori.

➔ **Receive two free \$25 tickets per household to a Minnesota Lynx basketball game, courtesy of Flip Saunders and Glen Taylor. The ladies won the championship last year.**



Bus leaves Beth El Parking lot, West 26th Street, between Raleigh and Salem, at 10:30 a.m. and returns about 5:30 p.m. We only have to stay 4 hours. **Reservations are due by June 18, 2014.** There are no refunds after that date. Before you mail, call Jerry Bronstien at 952-920-4908 for a space. Book early! There are only 52 seats on the bus and they fill up FAST. This event is open to the general public.

Proceeds from these trips enable the Bethelders to charge less for other events.

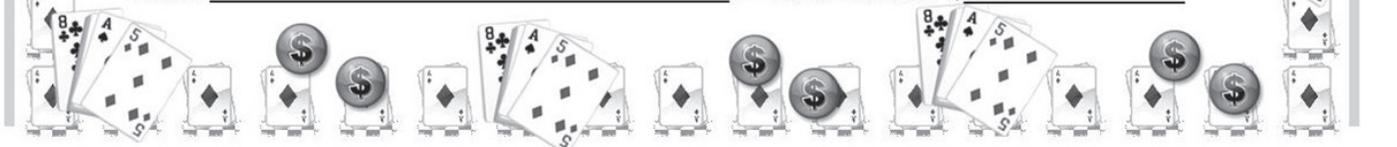
Next Event: Lake Minnetonka Boat Ride on Sunday, July 13, 2014.

Mail this form with your \$6 per person check made out to "Bethelders," and an \$18 per person check made out to "Best Bet Tours" to Jerry Bronstien, Bethelders, 4908 Morningside Road, Minneapolis, MN 55416. Invite your spouse, relatives or friends for June 22. Cash can be paid on day of trip.

Name(s) _____ Passport Club #: _____

Address: _____

Phone: _____ Amount Enclosed: \$ _____



June & July Anniversaries

Bob & Sorah Blumenfeld	
June 1	45th
Stephen & Fay Gold	
June 2	40th
Todd & Nancy Lurie	
June 3	30th
David & Nancy Goldstein	
June 7	50th
Rabbi Joseph Robinson & Emily Hausman	
June 7	5th
Ron & Dorit Atar	
June 8	10th
Art & Penny Glassman	
June 12	45th
Ryan & Judy Herman	
June 13	15th
Ray & Ginny Levi	
June 16	40th
Gary & Stacey Bush	
June 17	35th
Skip & Mary Jane Shapiro	
June 17	35th
Eric Ganz & Nina Bacaner	
June 18	25th
Elias & Florence Eisenberg	
June 19	65th
Loren Bach & Naomi Hoffman	
June 21	5th
Matt & Elena Levitt	
June 21	5th
Michael & Charlene Plitman	
June 21	55th
Steve & Anne Devitt	
June 24	35th
Jerry & Louise Ribnick	
June 24	35th
Ben & Michelle Levich	
June 27	10th
Merrill & Roberta Fischbein	
June 28	55th
Boris & Sara Zuk	
June 30	40th
Tom & Patrice Jones	
July 1.....	35th
Stan Tenenbaum & Tracy Kaplan	
July 1.....	25th
Leonard & Missy Blum	
July 3.....	20th
Howard & Judith Kauffman	
July 3.....	40th
Eli & Ruth Baruch	
July 8.....	35th
Sheri & Paul Sisler	
July 9.....	25th
Peter & Serene Simon	
July 19.....	50th
David & Cheryl Goldenberg	
July 24.....	20th
John & Carolyn Mirviss	
July 25.....	15th
Daniel & Sonia Galinson	
July 31.....	20th



Pictured above in front of their leaf on our Simcha Tree: **Audrey and Al Kaufman**. The couple received their leaf as a gift from their children in honor of their 70th wedding anniversary. Their son, Ron, and daughter-in-law, Pam, shared, "Beth El has played such a significant role in our parents' lives. What could be more appropriate than for their children, grandchildren, and great grandchildren to honor Audrey and Al on their 70th wedding anniversary with a Simcha Tree tribute?"

For more information on marking your "mazel tov" with the purchase of an acorn, leaf or dove on the Simcha Tree, please contact Abbe Payton at 952-873-7303 or apayton@bethelsynagogue.org. We give all donors the opportunity to have their picture taken in front of the tree, and their photo published to celebrate with the entire shul community.

We welcome our newest members! *B'ruchim Habaim!*

**Jean Holloway and Avi Nahum
with Rebi (26) and Ari (28)**

Mazel Tov to...

- Jessica Waller Almagor & Ronnie Almagor on the birth of their baby boy, Levi Gabriel Almagor, born 5/9/2014 at 2:23 pm. 7 lbs 14 oz, 20 inches long. Grandparents: Steve & Michelle Waller.
- Seth Ozer and Jessica Grodin on the birth of their baby girl, Zoe Anne, on May 8.

Condolences to *(members in bold)*...

- **Gerald Snyder and Diana, Daniel and Greg Snyder** on the loss of their son and brother, David Snyder
- **Lois Siegel** on the loss of her sister, **Clare "Hiki" Schwartz**
- **Jacques Koppel** on the loss of his mother, Sol Koppel



***Cast Away Pirates or Mutiny Worries!
Join the Bethelders***

and their guests, the B'nai B'rith-ers & Adath Super Seniors on a scenic

Two-hour Lake Minnetonka Cruise



Join us aboard the historic, three-deck Lady of the Lake Sternwheeler

Sunday, July 13, 2014 (Rain or Shine)

Bus departs 11:20 a.m. Sharp

**from the Beth El (26th & Salem) parking lot to the Water Street Dock in
Downtown Excelsior. The bus returns about 3:30 p.m.**

Special Price \$29 per person

*Includes air-conditioned luxury bus, cruise, plus a delicious Kosher tuna or egg salad bag lunch
from Spirit of Asia Catering.*

Cruise includes Captain Terry's narration of scenic and historic spots
along the Lake Minnetonka shoreline.

Reservations must be received by July 9, 2014

Friends and guests are invited to attend in addition to spouses.

Please make your \$29 check payable to: Bethelders

Send it with the form below to:

Freeda Golden, 2600 Toledo Ave. So., St. Louis Park, MN 55416

Questions? Call Freeda at 952-922-6667 or Jerry at 952-920-4908.



RESERVATION FOR "Lady of the Lake July 13 Cruise"

NAME _____

ADDRESS _____

PHONE # _____ NUMBER ATTENDING _____ AMOUNT ENCLOSED _____

TUNA SALAD _____ EGG SALAD _____



Rabbi

Alexander Davis

Rabbi

Avi S. Olitzky

Rabbi Emeritus

Kassel E. Abelson

Cantor

Audrey Abrams

Cantor Emeritus

Neil Newman

Executive Director

Linda Goldberg

Finance & Administration Director

Jerry Frick

Facilities Director

Peggy Kerska

Director of Engagement & Outreach

Abbe Payton

Foundation Director

Susan Lieberman

Education Director

Mary Baumgarten

Marketing & Communications Director

Kelly Velander

Youth Director

Mollie Feldman

Director of Early Childhood Education, Aleph Preschool

Karen Burton

Director of Shorashim & Young Families Engagement

Amanda Awend

Congregational Nurse

Jan Hamilton

President, Beth El Synagogue

John Orenstein

President, Women's League

Joyce Prohofsky

President, Beth El Rishon USY

Phoebe Cohen

President, Bethelders

Freada Golden



Beth El Synagogue
5225 Barry Street West
Minneapolis, MN 55416-1901

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JOIN US FOR THE BETH EL SYNAGOGUE

ANNUAL MEETING

INSTALLATION OF OFFICERS & BOARD MEMBERS

August 7, 2014 • 11 Av 5774

6:30 p.m. Appetizers and Dessert
7:00 p.m. Meeting