

**HIGH HOLY DAYS**  
SCHEDULE 5780/2019



**Beth El**  
SYNAGOGUE



Looking Forward To Celebrating A Sweet 5780 With You!

**NO TICKETS. NO ASK. JUST COME.**

## HIGH HOLY DAYS SCHEDULE 5780/2019

*To Our Beth El Family,*

With summer fading into memory, we at Beth El have been preparing for the approaching High Holy Days. This year, the holidays feel "late." But we are excited to welcome you to your Beth El home. We need this time together to reflect on the year that has past and to prepare for the coming year. Please read this letter carefully as it contains important information for these Yamim Noraim, Days of Awe.

**Schedule:** Enclosed you will find a schedule and description of services and programs for the High Holy Days. We have offerings for all ages, backgrounds and interests.

**"Tickets":** Again this year, we are not issuing tickets. We want to communicate a double message. First, everyone is welcome at Beth El; no one will be turned away without a ticket. Second, services are not a performance nor are congregants an audience. Instead, we ask that you come prepared to engage and participate.

**Guests:** Guests are welcome, free of charge. If possible, we ask that they register with us in advance so we can officially and warmly greet them, but it certainly is not necessary.

**Holiday Needs:** If you are interested in Etrogim, Lulavim or Skhakh (for Sukkot), please contact the synagogue office at 952.873.7300 Or visit [www.besyn.org](http://www.besyn.org).

**Holy Days Honors:** If you are interested in participating in services by opening the ark or having an aliyah, please contact Rabbi Davis.

**High Holy Day Childcare:** You *must* register your children in advance to secure spots and can do so online by visiting our homepage at [www.bethelsynagogue.org](http://www.bethelsynagogue.org).

**Food Drive:** Begin your year with a mitzvah by helping those in need. Please give to the Yom Kippur Food Drive.

**Security:** St. Louis Park police officers will ensure our safety. Contact greeters when you arrive or ushers if we can assist you in any way.

### Candle Lighting Times

Erev Rosh Hashanah 1: Sunday, September 29..... 6:40 pm  
Erev Rosh Hashanah 2: Monday, September 30..... 7:39 pm  
Erev Yom Kippur: Tuesday, October 8 ..... 6:23 pm

**Accessibility:** Please keep reserved parking and reserved sanctuary seats available to those in need. Sign language interpretation will be available for services as listed in the attached schedule. Hearing devices and large print machzorim are available in the Ring Lobby.

**Parking:** We thank our neighbors, Benilde-St. Margaret's, for sharing their parking lot and their auditorium (see schedule for details).

**Finally, Prepare:** Beyond logistical arrangements, these High Holy Days ask us to prepare spiritually by reflecting on ourselves this past year (*cheshbon hanefesh*), repairing relationships (*teshuvah*), and committing to improve our lives, our community and our world (*tikkun olam*). Attending the Center for Learning programs throughout Elul/September is one way to begin that preparation.

As you can tell from the above list, the High Holy Days require much planning. We thank our staff in advance for working over the summer to make them meaningful.

We look forward to spending the Yamim Noraim with you and wish you and your loved ones a good, healthy and peaceful New Year.

L'shanah tovah,



Rabbi  
Alexander Davis



Rabbi  
Avi Olitzky



Cantor  
Audrey Abrams

### Kever Avot Cemetery Memorial Service

Come together with your family and your extended Beth El family to honor your loved ones during the High Holy Days.

#### Sunday, October 6

Beth El Memorial Park..... 10:30 am

United Hebrew Brotherhood ..... 10:30 am

## Rosh Hashanah First Day: Monday, September 30

Service	Location	Time	Staff and Clergy Participating
Classic**	Spiegel Sanctuary	8:30 am - 1:00 pm	Rabbi Davis (sermon), Cantor Abrams, Sam Blustin
Ivri	Fiterman Chapel	9:00 am - 1:00 pm	Rabbi Olitzky (sermon), Lay Leader
Learning @ The Well	Learning Center	9:00 am - 9:50 am	Cantor Abrams
Learning @ The Well	Learning Center	10:00 am - 10:50 am	Rabbi Olitzky
Learning @ The Well	Learning Center	11:00 am - 12:00 pm	Rabbi David Thomas
Family Service (Grades 4-6)	Victor Hall	10:00 am - 11:45 am	Mary Baumgarten, Sam Blustin
Family Tashlikh Walk (Grades 4-6)	Twin Lakes Park	12:00 pm - 1:00 pm	Mary Baumgarten
Apples & Honey**	Benilde-St. Margaret's	10:00 am - 11:00 am	Amanda Awend
Grade 7-8 Program	Classroom 11	11:00 am - 12:00 pm	TBD
Grade 9-12 Program	Classroom 11	12:00 pm - 1:00 pm	Sam Blustin
Early Childhood Program: 2-5 years, Grades K-3*	Classrooms	10:00 am - 1:00 pm	Dana Rogney

Candle Lighting 1st Day/2nd Night: 7:39 pm

## Rosh Hashanah Second Day: Tuesday, October 1

Service	Location	Time	Staff and Clergy Participating
Classic Creative "Drash" Musaf	Spiegel Sanctuary	9:00 am - 11:15 am 11:15 am - 1:00 pm	Rabbi Davis, Cantor Abrams, Rabbi Olitzky (sermon 10:45 am)
Ivri Musaf	Fiterman Chapel	11:15 am - 1:00 pm	Rabbi Olitzky, Sam Blustin
Learning @ The Well	Learning Center	9:30 am - 10:20 am	Sam Blustin
Learning @ The Well	Learning Center	10:30 am - 11:15 am	Rabbi Davis
Apples & Honey	Victor Hall	10:00 am - 11:00 am	TBD
Youth Program (Grades 4-8)	Victor Hall	11:00 am - 12:00 pm	Mary Baumgarten
Teen Program (Grades 9-12)	Learning Center	12:00 pm - 1:00 pm	TBD
Early Childhood Program: 2-5 years, Grades K-3*	Classrooms	10:00 am - 1:00 pm	Dana Rogney
Tashlikh	Twin Lakes Park	1:15 pm	Clergy

Havdalah: 7:38 pm

## Kol Nidre: Tuesday, October 8, Candle Lighting 6:23 pm

Service	Location	Time	Staff and Clergy Participating
Classic**	Spiegel Sanctuary	6:30 pm - 8:30 pm	Rabbi Olitzky (sermon), Cantor Abrams
Ivri	Fiterman Chapel	6:15 pm - 8:15 pm	John Orenstein Rabbi Davis (sermon)
Early Childhood Program: 2-5 years, Grades K-3*	Classrooms	6:15 - 8:30 pm	Dana Rogney

## Yom Kippur: Wednesday, October 9

Service	Location	Time	Staff and Clergy Participating
Classic**	Spiegel Sanctuary	8:30 am - 1:30 pm	Rabbi Davis, Cantor Abrams
Ivri	Fiterman Chapel	9:30 - 2:00 pm	Rabbi Davis (sermon), Lay Leader
Healing Service	Learning Center	9:15 am - 10:00 am	Cantor Abrams
Learning @ The Well	Learning Center	10:10 am - 10:50 am	Rabbi Olitzky
Learning @ The Well	Learning Center	11:00 am - 12:00 pm	Susie Chalom
Apples and Honey Young Family Service**	Benilde-St. Margaret's	10:00 am - 11:00 am	Amanda Awend
Family Service (Grades 4-6)	Victor Hall	10:00 am - 11:45 am	Mary Baumgarten, Sam Blustin
Creative "Drash" Service	Benilde-St. Margaret's	11:15 am - 1:00 pm	Rabbi Olitzky, Cantor Shragg
Youth Program (Grades 4-6)	Victor Hall	11:45 am - 12:45 pm	Mary Baumgarten
Teen Program (Grades 7-8)	Reading Nook	11:00 am - 12:00 pm	TBD
Teen Program (Grades 9-12)	Learning Center	12:00 pm - 1:00 pm	Sam Blustin
Early Childhood Program: 2-5 years, Grade K-3*	Classroom	9:30 am - 2:00 pm	Dana Rogney
Learning @ The Well	Learning Center	2:45 pm - 4:00 pm	Rabbi Davis
Classic Minchah	Spiegel Sanctuary	4:00 pm - 5:15 pm	Rabbi Olitzky, Sam Blustin
Sacred Chanting Mincha	Learning Center	4:00 pm - 5:15 pm	Cantor Abrams
Neilah/Ma'ariv	Spiegel Sanctuary	5:15 pm - 7:23 pm	Clergy
Early Childhood Program: 2-5 years, Grades K-3*	Classrooms	6:00 pm - 8:00 pm	Dana Rogney

\*All children must be pre-registered. Upon arrival, please check in at the Welcome Desk. See signs in the Ring Lobby for classroom locations details.

\*\*Interpreters for the hearing impaired provided.

Sukkot			
First and Second Days of Yom Tov – Monday & Tuesday, October 14-15	Fiterman Chapel	9:00 am - 12:00 pm Services	Clergy
Hoshanah Rabbah Sunday, October 20	Fiterman Chapel	9:00 am Services with Willow Beating	Clergy
Shemini Atzeret Monday, October 21	Fiterman Chapel	9:00 am - 12:00 pm Services (includes Yizkor)	Clergy
Erev Simchat Torah Monday, October 21	Fiterman Chapel Gruman Social Hall	6:30 pm - Minchah/Maariv 7:00 pm - Hakafot (Torah Dancing)	
Simchat Torah Tuesday, October 22	Fiterman Chapel	9:00 am - 1:00 pm Services	Clergy

## LEARNING @ THE WELL



### Ok...We're Here. Now What?

With Cantor Audrey Abrams  
Rosh Hashanah First Day | 9:00 am



### Kol Nidre: Looking Backwards or Looking Ahead?

With Rabbi Avi Olitzky | Rosh Hashanah First Day | 10:00 am

### The Time the Kohen Gadol was an Idiot, Unworthy and Committed Graft...

With Rabbi Avi Olitzky | Yom Kippur | 10:10 am



### Turning From, Turning Towards

With Rabbi David Thomas  
Rosh Hashanah First Day | 11:00 am



### Avinu Malkeinu: Connecting to God Through God's Names

With Sam Blustin; Fourth Year Rabbinic Student  
Rosh Hashanah Second Day | 9:30 am



### Jonah: The Bible's Most Recalcitrant Prophet

With Susie Chalom – Talmud Torah  
Yom Kippur | 11:00 am



### Pomegranate People

With Rabbi Alexander Davis  
Rosh Hashanah Second Day | 10:30 am

### Insult, Shame, Degradation: The Ethics of Holy Speech

With Rabbi Alexander Davis | Yom Kippur | 2:45 pm

## Prepare for the High Holy Days

Join us as we prepare our minds and awaken our souls to these Yamim Noraim, Days of Awe.



### SUNDAY, SEPTEMBER 8

10:00 am | Can God Hear Us and Can We Hear God?

Mindful Listening with Cantor Audrey Abrams

10:00 am | Shofar Music & Meaning

Explore the halakha and the "how-to" of Rosh Hashanah's central mitzvah.

With Rabbi Olitzky and John Simon

### SUNDAY, SEPTEMBER 15

10:00 am – 1:00 pm | Challah Braid & Learn

After learning unique round braids for Rosh Hashanah, participants take loaves of challah to bake at home.

With Rabbi Alexander Davis



### SEPTEMBER 20 – SEPTEMBER 22

Join us as we welcome Selichot Scholar In Residence Rabbi Noach Shapiro.

*I am Supposed to Forgive But I...  
Don't Want To. Can't. Need Help.*

### Friday, September 20

7:00 pm Shabbat Dinner followed by learning with Rabbi Shapiro:  
*Is Your Suffering Precious To You?*

### Sunday, September 22

9:00 am | Selichot during morning minyan

10:00 am | Learning with Rabbi Shapiro: *The Forgiveness that Precedes Forgiveness*

### Selichot: Saturday Night, September 22

8:00 – 10:00 pm | Singing Into the New Year

We will sit around a bonfire under the stars and sing our way into the new year.



**Beth El**  
SYNAGOGUE

5225 BARRY STREET WEST, ST. LOUIS PARK, MN 55416-1901

**SEE INSIDE FOR  
HIGH HOLY DAYS  
SCHEDULE!**

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**Still No Tickets –  
All Are Welcome**